

C'est La Vie

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Kevin Formosa (AUS) - March 2021

Musique: C'est La Vie - Surfaces & Thomas Rhett : (Album: Pacifico - iTunes)



Intro: 16 Counts

[1-8] Side Together, Shuffle Fwd, Side Together, Shuffle Back

1,2 L to L side, Step R together
3&4 Step L fwd, Step R beside L, step L fwd
5,6 Step R to R side, Step L together
7&8 Step R back, Step L beside R, Step R back (12.00)

[9-16] Back Rock, ½ Shuffle, ¼ Side Rock, Weave

1,2 Step L back, Recover weight fwd onto R
3&4 1/2 R stepping L back, Step R beside L, Step L back (6.00)
5,6 ¼ R Stepping R to R side, Replace weight on L (9.00)
7&8 Step R behind L, Step L to L side, Step R across L to face diagonal (7.30)

[17-24] Diamond ½ L, Fwd, ¼ L, 1/8 L Side Shuffle

1&2 Step L fwd, 1/8 L Stepping R to R Side, 1/8 L Stepping L back (4.30)
3&4 Step R back, 1/8 L Stepping L to L side, 1/8 L Stepping R fwd (1.30)
5,6 Step L fwd, ¼ L Stepping R back (10.30)
7&8 1/8 L Stepping L to L side, Step R beside L, Step L to L side (9.00)

[25-32] Cross Rock, Shuffle ¼ R, ½ Pivot, ¼ Hip Sway

1-2 Step R across L, Recover weight L
3&4 Step R to R side, Step L beside R, ¼ R stepping R fwd (12.00)
5,6 Step L fwd, Pivot ½ R (6.00)
7,8 ¼ L Stepping L to L swaying hips L, Sway Hips R

No Tags, No Restarts

Australian Country Dance Festival (Mayworth) Choreography Comp Winner

KEVIN FORMOSA - 0404 332 112

formosa_k@hotmail.com