

# Goin' Hamm

**Compte:** 32

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Trevor Thornton (USA) - August 2014

**Musique:** Crank It Up - Colt Ford



**Start: 32 counts in on the words shake them hips....**

## **STEP HIP SWIVEL, COASTER STEP X2**

- 1&2 Step fwd on RF, swivel heels right raising R hip, bring heels back center  
3&4 Step back slightly on RF, step LF next to RF, step fwd on RF  
5&6 Step fwd on LF, swivel heels left raising your L hip, bring heels back center  
7&8 Step back slightly on LF, step RF next to LF, step fwd on LF

## **R ROCK, RECOVER, ½ TURN SHUFFLE, L ROCK, RECOVER COASTER CROSS**

- 1-2 Rock fwd on RF, recover weight to LF  
3&4 ½ turn over RT shoulder, stepping fwd on RF, slide LF to RT instep, step fwd on RF  
5-6 Rock fwd on LF, recover weight to RF  
7&8 Step back slightly left, step right next to left, cross left over right

**Restart here on wall 4- dance first 16 counts you will be facing 12:00 when you restart.**

## **GRAPEVINE RIGHT, TURNING GRAPEVINE LEFT**

- 1-4 Step RF to right side, step LF behind RF, step RF to right side, touch L toe next to R  
5-8 ¼ turn L step on LF, ½ turn L step back on RF, ¼ turn L step on LF, touch R toe next to L

## **TOUCH R FWD, SIDE, SAILOR, TOUCH L FWD, SIDE, SAILOR**

- 1-2 Touch R toe fwd, touch R toe to R side  
3&4 Step RF behind LF, step LF to L side, step RF to R side  
5-6 Touch L toe fwd, touch L toe to L side  
7&8 Step LF behind RF, step RF to R side, step LF to left side

## **TAG: ROCKING CHAIR - After wall 9 FACING 6:00**

- 1-4 Rock fwd on RF, recover LF, rock back on RF, recover LF
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