My Town, My Style

Niveau: Advance

Compte: 32 Chorégraphe: Mark Paulino (USA) - 16 May 2022 Musique: My Town - Demun Jones

Starts: 16 counts

[1 - 8] SIDE TOUCH, HITCH ¼ TURN, BACK TOUCH, HITCH, CROSS OVER, HITCH CROSS OVER, SIDE TOUCH. TOGETHER. HEEL SWIVEL. SYNCOPATED WEAVE

- 1&2& R side touch, ¼ turn clockwise with R hitch forward, R back touch, R hitch forward 3:00
- 3&4 R cross over L, L hitch forward, L cross over R
- R side touch, R touch besides L, both feet heel swivel towards R, return to center 5&6&
- 7&8& R side step, L cross behind R, R side step, L cross over R

[9 - 16] MONTEREY 1/2 TURN, SIDE ROCK RECOVER CROSS, ¼ TURN CHUG, STEP TOGETHER

- 12 R side point, R step besides L with a 1/2 turn clockwise
- 3&4 L side rock, recover onto R, L cross over R
- 5&6& R side press, recover onto L, 1/8 turn counter clockwise R side press, recover onto L
- 7&8 1/8 turn counter clockwise R side press, recover onto L, R steps besides L

117 - 241 HEEL JACK HOP BACK X4. CROSS ROCK RECOVER, HEEL JACK, RECOVER, CROSS OVER AND HEEL, STEP TOGETHER

- 1& R heel touch diagonal forward as L steps back to the side, hop both feet together
- 2& L heel touch diagonal forward as R steps back to the side, hop both feet together
- 3& R heel touch diagonal forward as L steps back to the side, hop both feet together
- 4& L heel touch diagonal forward as R steps back to the side, hop both feet together
- 5&6& R cross rock over L, recover back on L, R back to the side as L heel touch diagonally forward, L steps besides R
- 7&8& R cross over L, L steps back to the L, R heel touch forward to the R, R steps besides L

[25 - 32] CROSS OVER ¼ TURN HEEL GRIND, COASTER STEP, 1/4 TURN SIDE STEP WITH TWO HIP BUMPS, 1/4 TIRM SODE STEP WITH TWO HIP BUMPS

- 12 L heel touch cross over R, weight shift onto L heel as you heel grind 1/4 turn counter clockwise while R steps back 3:00
- 3&4 L steps back, R steps besides L, L steps forward
- 5&6 1/4 turn counter clockwise with R side step and R hip bump, recover onto L, R hip bump
- 1/4 turn counter clockwise with L side step and L hip bump, recover onto R, L hip bump, 1/2 7&8& turn counter clockwise with R hitch up

Restarts after 16 counts on wall 6 (facing 9:00 at the end of the 16 count)

Alternative steps

[17 - 24] HEEL GRIND STEP BACK X4, BALL CROSS ROCK RECOVER, HEEL JACK, RECOVER, CROSS OVER AND HEEL JACK, STEP TOGETHER

- 12 L step back to the side as you heel grind with R, R step back to the side as you heel grind with L
- 34 L step back to the side as you heel grind with R, R step back to the side as you heel grind with L
- &5&6& L steps besides R, R cross rock over L, recover back on L, R back to the side as L heel touch diagonally forward, L steps besides R
- 7&8& R cross over L, L steps back to the L, R heel touch forward to the R, R steps besides L

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