

# Dancing la Vida Loca

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner

**Chorégraphe:** K. Sholes (USA) - April 2022

**Musique:** Livin' la Vida Loca - Ricky Martin



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## Section #1: Cross rock, Recover, Step, Hold X2

1-4 Cross R over L, Recover L, Step R next to L, Hold

5-8 Cross L over R, Recover R, Step L next to R, Hold.

## Section #2: Step, Together, Step, Hold X2 (rolling hips)

1-4 Step R to side, Step L next to R, Step R to side, Hold,

5-8 Step L to side, Step R next to L, Step L to side, Hold.

## Section #3: 1/8 Hip roll X2, Hip bumps (X4)

1-4 Step R forward, Pivot 1/8 left, Step R forward, Pivot 1/8 left,

5-8 Roll hips RLRL.

## Section #4: Mambo X2

1-4 Rock R forward, Recover L, Step R next to L, Hold,

5-8 Rock L back, Recover R, Step L next to R, Hold.

**Begin Again! Enjoy!**

**Restarts: Walls #2 #6 #11 #17**

**Tags: Walls #4 #9 #13...1-8 (with arms overhead) Bump R hip 8 counts.**

**Last Update - 26 Apr 2022**

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