

# If I Said

**Compte:** 32

**Mur:** 4

**Niveau:** Beginner



**Chorégraphe:** Helaine Norman (USA) - April 2022

**Musique:** If I Said You Had a Beautiful Body Would You Hold It Against Me - The Bellamy Brothers

**Intro: 16 - No tags or Restarts**

## **I. Side Rock, Recover, Forward Hold X2**

- 1-2 Rock R side, recover to L
- 3-4 Step R forward, hold
- 5-6 Rock L side, recover to R
- 7&8 Step L forward, hold

## **II. Scissor, Vine Hold**

- 1-3 Rock R side, recover to L, step R over
- 4-5 Step L side, step R behind
- 6-7 Step L side, step R over
- 8 Hold

## **III. ¼ R Turn, ¼ R Turn; Forward Mambo with Hold**

- 1-2 Step L side, making 1/4 turn right step R (3:00)
- 3-4 Step L forward, making ¼ turn right step R (6:00)
- 5-8 Step L forward, recover to R, step L together (or slightly forward), hold

## **IV. Back Mambo with Hold; Scissor, ¼ L Turn**

- 1-4 Step R back, recover to L, step R together (or slightly forward), hold
- 5-7 Rock L side, recover to R, step L over
- 8 Making ¼ turn left, pivot on L (3:00)

**Styling for count 8 (1/4 L turn): Keep R touching L to make it easy to begin dance stepping to R side.**

**REPEAT**

**ENDING: End at 12:00 after the two ¼ right turns. Just step L forward to pose.**

**Helaine43@gmail.com**