

# Me Freddie and Jake

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Adelhardt Holgersen (DK) - March 2022

Musique: Me and Freddie and Jake - Dale Watson



**#16 count intro. Start on vocal**

**Side, Together, Shuffle forward, Rock Recover, Shuffle ½ turn Left.**

- 1-2 Step R to Right side, Step L together with R.
- 3&4 Shuffle Fwd. R-L-R.
- 5-6 Rock Fwd.on L, Recover on R.
- 7&8 Shuffle ½ turn Left.

**Shuffle forward, Rock Recover, Coaster, ¼ turn Left.**

- 1&2 Shuffle Fwd. R-L-R.
- 3-4 Rock Fwd.on L, Recover on R.
- 5&6 Step back L, Step R back together w L, Step L Fwd.
- 7-8 Step Fwd. on R. Make ¼ turn L. ( 3:00 )

**Right heel hook, Heel flick, Shuffle forward, Rock Recover, Shuffle ½ turn Left.**

- 1&2& Touch R heel Fwd, Hook R in front of L shin. Touch R heel Fwd, Flick R foot back.
- 3&4 Shuffle Fwd. R-L-R.
- 5- 6 Rock Fwd. on L, Recover on R.
- 7&8 Shuffle ½ turn Left. ( 9:00 )

**Right chasse, Rock Recover, Walk left-right, Stomp left forward, Twist heels.**

- 1&2 Step R to R side, Close L beside R. Step R to R side.
- 3-4 Rock back.on L, Recover on R.
- 5-6 Walk Fwd. on L - R.
- 7&8 Stomp Fwd. on L, Twist both heels L, Return to center.

**REPEAT**

**Tag : At the end of wall 3, make an extra twist.**

- 1-2 Twist both heels L, Return to center

**NOTE : At the end of section 4, when you twist, bend and stretch the legs at count & 8**