

Sarinande Cha Cha

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Ella Miza (INA) - February 2022

Musique: Sarinande - Indonesian Folk Song



Intro: 64 counts

#1. FORWARD, FORWARD ROCK, ¼ TURN L CHASSE, CROSS ROCK, CHASSE

1,2,3 Step RF forward, rock LF forward, recover on RF
4&5 ¼ turn L step LF to L, close RF next to LF, step LF to L
6,7 Rock cross RF over LF, recover on LF
8&1 Step RF to R, close LF next to RF, step RF to R

#2. FORWARD DIAGONAL HIP SWAY, PIVOT ½ TURN L, SHUFFLE FORWARD

2,3 Step LF diagonal forward while hip sway to L - R
4&5 Hip sway to L - R - L
6,7 Step RF forward, ½ turn L weight on LF
8&1 Step RF forward, close LF next to RF, step RF forward

#3. SIDE MAMBO, BACK ROCK, KICK BALL CHANGE

2&3 Rock LF to L, recover on RF, step LF beside RF
4&5 Rock RF to R, recover on LF, step RF beside LF
6,7 Rock LF back, recover on RF
8&1 Kick LF forward, step LF beside RF, step RF in place

#4. PIVOT ½ TURN R, SHUFFLE FORWARD, ½ TURN L STEP BACK, ½ TURN L FORWARD, FORWARD, TOGETHER

2,3 Step LF forward, ½ turn R weight on RF
4&5 Step LF forward, close RF next to LF, step LF forward
6,7 ½ turn L step RF back, ½ turn L step LF forward (Option : Walk Forward)
8& Step RF forward, close LF next to RF

Tag 8 counts after Wall 6

FORWARD, FORWARD ROCK, ½ TURN L SHUFFLE, PIVOT ½ TURN L, SHUFFLE

1,2,3 Step RF forward, rock LF forward, recover on RF
4&5 ½ turn L step LF forward, close RF next to LF, step LF forward
6,7 Step RF forward, ½ turn L weight on LF
8& Step RF forward, close LF next to RF

Begin again !

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