

# Her Strut

**Compte:** 32

**Mur:** 4

**Niveau:** High Beginner



**Chorégraphe:** Mike Camara (USA) - March 2022

**Musique:** Her Strut - Bob Seger : (Remastered)

---

## **WALK, WALK, SHUFFLE FWD. STEP L FWD. ROCK BACK R PIVOT L ½ TURN AS YOU SHUFFLE FWD L, R, L**

1-2 Walk Fwd. R, L  
3&4 Shuffle Fwd. R, L, R  
5-6 Step L Fwd. Rock Back On R  
7&8 Pivot L ½ Turn, Shuffle Fwd. L, R, L

## **WALK, WALK CHARLSTON STEP, LEFT COASTER, RIGHT FWD. SHUFFLE**

1-2 Walk Fwd. R, L  
3-4 Swing R Foot Touching In Front, Step Back On Right  
5&6 Left Coaster Step L, R, L  
7&8 Shuffle Fwd. R, L, R

## **STEP FWD. PIVOT ½ TURN SHUFFLE FWD. R & L TOE HEEL STRUTS FWD.**

1-2 Step L Fwd. Pivot ½ Turn Right  
3&4 Shuffle Fwd. L, R, L  
5-6 Right Toe Heel Strut Fwd.  
7-8 Left Toe Heel Strut Fwd.

## **RIGHT SIDE SHUFFLE, ROCK RECOVER, SIDE SHUFFLE L TURNING ¼ LEFT, RIGHT KICK BALL CHANGE**

1&2 Side Shuffle Right R, L, R  
3-4 Step L Behind R, Recover on Right  
5&6 Side Shuffle Left With ¼ Turn Left. L, R, ¼ L  
7&8 Right Kick Ball Change, R, R, L

---