

Throwback Song

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Cody Flowers (USA) & Jo Thompson Szymanski (USA) - March 2022

Musique: Celebrate (feat. AJR) - Ingrid Michaelson



Dance starts after 16 counts (approx. 12 seconds)

Restart (Wall 3 after 16 counts)

[1-8] BIG STEP R, DRAG, BALL CROSS, ¼ L, ¼ L COLLECT, CROSS, ¼ R, ¼ R SWEEP

- 1 2 Big step to right with RF, Drag LF heel toward RF (12:00)
- &3 Step LF beside RF, Cross RF over LF (12:00)
- 4 ¼ Turn left stepping LF forward (09:00)
- &5 ¼ Turn left stepping RF to right side, Collect LF beside RF (6:00)
- 6 7 8 Cross RF over LF, ¼ Turn right stepping back on LF, ¼ Turn right stepping RF to right side while sweeping LF from the back to the front (12:00)

[9-16] CROSS, BACK, BALL, CROSSING TRIPLE, ¼ L TOUCH, HIP FWD, HIP BACK, STEP, ¼ L HITCH

- 1 2 Cross LF over RF, Step back on RF (12:00)
- &3&4 Step LF beside RF, Cross RF over LF, Step LF to left side, Cross RF over LF (12:00)
- &5 6 ¼ Turn left touching left toes forward, Step LF forward while bumping left hip forward, Recover weight back on RF while bumping right hip back (3:00)
- 7 8 Transfer weight onto LF, ¼ Turn left hitching right knee snapping both hands up (6:00)

*Restart Here on wall 3 facing 12:00

[17-24] GLIDING BOX TURNING ½ L, TOUCH/BUMP, GLIDING BOX TURNING ½ R, TOUCH/BUMP

- 1 2 Step RF to right side, ¼ Turn left stepping LF to left side (3:00)
- 3 4 ¼ Turn left stepping RF to right side, Touch LF to left side while bumping left hip to front diagonal (12:00)
- 5 6 Step weight down on LF, ¼ Turn right stepping RF to right side (3:00)
- 7 8 ¼ Turn right stepping LF to left side, Touch RF to right while bumping right hip to front diagonal (6:00)

[25-32] BEHIND & HEEL, & CROSS & HEEL, & STEP HEEL SWIVEL, BALL STEP, ¾ TURN R

- 1&2 Step RF behind LF, Step LF beside RF, Touch right heel toward right diagonal (6:00)
- &3&4 Step RF beside LF, Cross LF over RF, Step RF to right, Touch left heel toward left diagonal (6:00)
- &5&6 Step LF beside RF, Step RF forward, Go up on balls of feet while twisting both heels right, Recover weight on LF while centering heels back to 6:00
- &7& Step RF beside LF, Step LF forward, ¼ Turn right swiveling right heel toward LF (9:00)
- 8& ¼ Turn right swiveling left heel away from RF, ¼ Turn right hitching right knee (3:00)

Begin again! Enjoy!

Ending: Last wall starts facing 6:00. Dance through count 16 to end facing 12:00 on hitch/snap.

dancewithcody@gmail.com | dancewithcody.com
jo.thompson@comcast.net

Last Update - 9 July 2022