

# Ay Mi Vida

**COPPER** KNOB  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Easy Intermediate

**Chorégraphe:** Diba Munaf (INA) - March 2022

**Musique:** Ay Mi Vida - Belle Perez



**Intro: 16 Count**

**(1-8) BOTAFOGO (2X), 1/2 R MAMBO TURN, LOCK SHUFFLE**

1a2 Cross RF over LF, Rock L ball to L, Recover onto RF  
3a4 Cross LF over RF, Rock R ball to R, Recover onto LF  
5&6 Rock RF fwd, Recover onto LF, Turn 1/2 R stepping RF fwd  
7&8 Step LF fwd, Lock RF behind LF, Step LF fwd

**(9-16) SIDE ROCK WITH SWAY, CROSS, SIDE, CROSS, HIP BUMP(2X), COASTER STEP**

1 2 Rock RF to R, Recover onto LF (Swaying hip RL )  
3&4 Cross RF behind LF, Step LF to L, Cross RF over LF  
5 6 Touch LF fwd diagonal L bumping L hip 2x  
7&8 Step LF back, Close RF next to LF, Step LF fwd

**(17-24) 1/4 L PIVOT, CROSS SHUFFLE, SIDE ROCK, 1/4 L SAILOR TURN**

1 2 Step RF fwd, Turn 1/4 L weight on LF  
3&4 Cross RF over LF, Step LF to L, Cross RF over LF  
5 6 Rock LF to L, Recover onto RF  
7&8 Cross LF behind RF, Turn 1/4 L stepping RF to R, Step LF fwd

**(25-32) 1/4 L PIVOT, CROSS MAMBO, FULL VOLTA TURN**

1 2 Step RF fwd, Turn 1/4 L weight on LF  
3&4 Cross Rock RF over LF, Recover onto LF, Close RF next to LF  
5& Turn 1/4 L stepping LF fwd, Close RF next to LF  
6& Turn 1/4 L stepping LF fwd, Close RF next to LF  
7&8 Turn 1/4 L stepping LF fwd, Close RF next to LF, Turn 1/4 L stepping LF fwd

**Restart : On wall 4 do 16 count and restart from beginning**

**Tag : After wall 8 add 2 Cruzados Walks**

1 Make a big R step fwd weight on RF pushing R shoulder and R hip fwd  
2 Make a big L step fwd weight on LF pushing L shoulder & L hip fwd

**Happy Dancing!**

**Contact [dibamunaf@gmail.com](mailto:dibamunaf@gmail.com)**