

# Sand in My Boots

**COPPER** KNOB  
STEPSHETS

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Jamie Sweet (USA) - March 2022

Musique: Sand In My Boots - Morgan Wallen



## #1 restart and 2 tags

### ROCK R FORWARD, RECOVER, TRIPLE ½ TURN (X2)

- 1,2 Rock R forward, Recover weight to Left  
3&4 ¼ Turn right stepping right to right side, ¼ turn right stepping left next to right, step forward on right (shuffle ½ turn right)  
5,6 Rock L forward, Recover weight to Right  
7&8 ¼ Turn left stepping left to left side, ¼ turn left stepping right next to left, step forward on left (shuffle ½ turn left)

### SKATE FORWARD R, L, TRIPLE, SKATE FORWARD L, R, TRIPLE

- 1,2 Slide R foot forward and slightly to side in small curve and put weight on the right foot (1)  
Slide L foot forward and slightly to side in small curve and put weight on the left foot (2)  
3&4 Step R forward, step L together, step R forward  
5,6 Slide L foot forward and slightly to side in small curve and put weight on the left foot (5) Slide R foot forward and slightly to side in small curve and put weight on the right foot (6)  
7&8 Step L forward, step R together, step L forward

### CROSS ROCK, TRIPLE ¼ TURN, ½ TURN, ½ TURN, TRIPLE

- 1,2 Cross R over Left, Recover weight to Right  
3&4 ¼ Turn R stepping R forward, step L together, step R forward  
5,6 ½ Turn stepping back on Left, ½ turn stepping forward on Right  
7&8 Step L forward, step R together, step L forward

**(Alternate steps for count 5,6 walk Left, walk Right)**

### ROCK, RECOVER, SWEEP RF, SWEEP LF, ROCK STEP

- 1,2 Rock R forward, Recover weight to Left  
3 Point right toe out and around from back to front, Step R  
4 Point left toe out and around from back to front, Step L  
5,6 Rock Step back on Right, Rock Forward onto Left

**RESTART here during wall 8 3 o'clock**

- 7,8 Rock Step back on Right, Rock Forward onto Left

**TAG #1- After wall 1 (at end of dance) add this 2-count tag – 3 o'clock wall**

- 1-2 Rock Step back on Right, Rock Forward onto Left

**TAG #2- After wall 2 (at end of dance) add this 2-count tag – 6 o'clock wall**

- 1-2 Rock Step back on Right, Rock Forward onto Left

**RESTART on wall 8, do first 30 counts of dance, leave off count 31 & 32 then RESTART**