

Antes Mambo

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Roosamekto Mamek (INA) - February 2022

Musique: Antes (Mambo Remix DJC) - Anuel AA & Ozuna



Intro: 16 count – NO TAG, NO RESTART

S1. WALK FORWARD R-L, REVERSE COASTER STEP, WALK BACK L-R, SHUFFLE TURN 1/2 LEFT

- 1-2 Step R forward – Step L forward (12:00)
3&4 Step R forward – Step L together – Step R back
5-6 Step L back – Step R back
7&8 Turn ¼ left step L to side – Step R together – Turn ¼ left step L forward (6:00)

S2. SIDE MAMBO R & L, JAZZ BOX CROSS TURN 1/4 RIGHT

- 1&2 Rock R to side – Recover on L – Step R together (6:00)
3&4 Rock L to side – Recover on R – Step L together
5-8 Cross R over L – Step L back – Turn ¼ right step R to side – Cross L over R (9:00)

S3. ROLLING VINE FULL TURN RIGHT, SIDE TOUCH, ROLLING VINE FULL TURN LEFT, TOUCH

- 1-4 Turn ¼ right step R forward – Turn ½ right step L back – Turn ¼ right step R to side – Touch L to side (9:00)
5-8 Turn ¼ left step L in place – Turn ½ left step R back – Turn ¼ left step L to side – Touch R together (9:00)

Option:

For beginner dancer, do the Vine Right, Side Touch, Vine Left, Touch

- 1-4 Step R to side – Cross L behind R – Step R to side – Touch L to side (9:00)
5-8 Step L in place – Cross R behind L – Step L to side – Touch R together (9:00)

S4. PADDLE TURN 1/4 LEFT (2X), CROSS SAMBA R & L

- 1-4 Step R forward – Turn ¼ left weight on L – Step R forward – Turn ¼ left weight on L (3:00)
5&6 Cross R over L – Rock L to side – Recover on R
7&8 Cross L over R – Rock R to side – Recover on L (3:00)

REPEAT

For more info about step sheet & song, please contact:

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