

Navidad

Compte: 32

Mur: 2

Niveau: High Beginner

Chorégraphe: Om Pardi (INA) - February 2022

Musique: Navidad - Diana Ela : (ZUMBA FITNESS - MERRY CHRISTMAS)



S1: SYNCOPATED ROCKING CHAIR, FORWARD LOCK SHUFFLE)X2

1&2& Rock R forward, Recover on L, Rock R back, Recover on L
3&4 Step R forward, Lock L behind R, Step R forward
5&6& Rock L forward, Recover on R, Rock L back, Recover on R
7&8 Step L forward, Lock R behind L, Step L forward

S2: JAZZ BOX (RIGHT, LEFT), FORWARD LOCK SHUFFLE, PIVOT ¼ RIGHT, CROSS OVER

1&2 Cross R over L, Step L back, Step R to side
3&4 Cross L over R, Step R back, Step L to side
5&6 Step R forward, Lock L behind R, Step R forward
7&8 Step L forward, Make ¼ right turn, Cross L over R

S3: (FORWARD, TURN ½ RIGHT, BACK COASTER STEP) X2

1&2 Step R forward, Make ½ turn right step L back, Step R back
3&4 Step L back, Step R next to L, Step L forward
5&6 Step R forward, Make ½ turn right step L back, Step R back
7&8 Step L back, Step R next to L, Step L forward

S4: CROSS SHUFFLE, TURN LEFT CROSS SHUFFLE, SIDE, TURN LEFT BACK, FORWARD, LITTLE RUN (LEFT, RIGHT, LEFT)

1&2 Cross R over L, Step L to side, Cross R over L
3&4 Make ½ left turn cross L over R, Step R to side, Cross L over R
5&6 Step R to side, Make ¼ left turn step L back, Step R forward
7&8 Little run L, R, L

Begin again & have fun

For more informationn contact gieprod@yahoo.com

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