

# More Time, More Life

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Silvia Schill (DE) - February 2022

**Musique:** More - Sam Ryder



**The dance begins after 8 beats with the vocals**

## **S1: Jazz box turn r 2x**

- 1-2 RF cross over LF, step back with LF
- 3-4 RF step to the right with  $\frac{1}{4}$  turn, step forward with LF (3 o'clock)
- 5-6 RF cross over LF, step back with LF
- 7-8 RF step to the right with  $\frac{1}{4}$  turn, step forward with LF (6 o'clock)

## **S2: Rock step, back-heel, back-heel, coaster step, step turn r**

- 1-2 Step forward with RF, lift LF slightly up and weight back on LF
- &3&4 Step back with RF, tap left heel in front, step back with LF and tap right heel in front
- 5&6 Step back with RF, move LF next to RF and step forward with RF
- 7-8 Step forward with LF,  $\frac{1}{4}$  turn right around on both balls and weight at the end on RF (9 o'clock)

## **S3: Cross, hold, side, behind, hold, side, cross shuffle, point r/l**

- 1-2 LF cross over RF and hold
- &3-4 Step to right with RF, cross LF behind RF and hold
- &5&6 Step to right with RF, cross LF over RF, small step with RF to right and cross LF over RF
- 7&8& Tap right toe to right, move right toe next to LF, tap left toe to left, move LF next to RF (weight at the end on LF)

**Restarts: In the 1st round (9 o'clock), in the 4th round (12 o'clock), in the 9th round (9 o'clock) stop here and start from the beginning**

## **S4: Rocking chair, 2 x step turn l**

- 1-2 Step forward with RF, lift LF slightly up and weight back on LF
- 3-4 Step back with RF, lift LF slightly up and weight back on LF
- 5-6 Step forward with RF,  $\frac{1}{4}$  turn left around on both balls and weight at the end on LF (6 o'clock)
- 7-8 Step forward with RF,  $\frac{1}{4}$  turn left around on both balls and weight at the end on LF (3 o'clock)

**Repeat to the end**

**And don't forget to smile, because dancing is fun!**

**There is no guarantee for errors in the translation, content, spelling, etc.!**

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