

# Lightning In A Bottle

**Compte:** 32

**Mur:** 4

**Niveau:** Easy Intermediate

**Chorégraphe:** Elisabeth Elkuch-Heid (CH/LIE) - 22 January 2022

**Musique:** Lightning In a Bottle - Nate Haller



**Start right away with the vocals !**

**[1-8] R Touch Side, Flick, Cross Shuffle, L Touch Side, Flick, Cross Shuffle**

1,2 Touch R Toe next to L, Flick R  
3&4 R Cross Shuffle over L  
5,6 Touch L Toe next to R, Flick L  
7&8 L Cross Shuffle over R !

**Restart here during wall 9, (12) then ending: Mambo 1/4 Turn L, Stomp R next to L (12) !**

**[9-16] R PaddleTurn L 2x1/4, SideRockCross, L PaddleTurn R 2x1/4, SideRockCross**

1&2& Paddle Turn 2x 1/4 L  
3&4 Step R to side, Recover L, R Crosses L  
5&6& Paddle Turn 2x 1/4 R  
7&8 Step L to side, Recover R, L Crosses R !

**[17-24] Jump R Diagonal R Fwd, Close L Next to R, Hold, Swivel 1/4 Turn L, Jump L Diagonal L Fwd, Close R Next To L, Hold, Swivel 1/2 Turn R (3), Weight L**

&1,2 Light Jump R to R Diagonal, Step L next to R, hold  
3&4 Swivel both Heels to R-L-R while you turn 1/4 L  
&5,6 Light Jump L to L Diagonal, Step R next to L, hold  
7&8 Swivel both Heels to L-R-L while you turn 1/2 R (Weight L) (3) !

**[25-32] Shuffle Fwd R, Shuffle Back L with 1/2 Turn R, Shuffle Fwd R with 1/2 R, Mambo L**

1&2 Step R Fwd, Step L next to R, Step R Fwd  
3&4 1/2 Turn R with L-R-L  
5&6 1/2 Turn R with R-L-R  
7&8 Step L Fwd, Recover R, Step L next to R !

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