

# Best Life

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Lily Cheng (CN) & Xiazi Chen (CN) - January 2022

**Musique:** Best Life - Spencer Ludwig



**Intro: 32 counts**

**(1-8) Forward R,L, R forward shuffle, Pivot 1/4 R, Cross shuffle**

1-2 Step R forward, Step L forward  
3&4 Step R forward, Lock L behind R, Step R forward  
5-6 Step L forward, Pivot 1/4 turn R  
7&8 Cross L over R, Step R beside L, Cross L over R

**(9-16) Sway R,L, Side and sway, Recover, Side and sway, Left Samba, Right Samba**

1-2 Sway body to R, Sway to L  
3&4 Step R to R, Step L beside R, Step R to R (with body swaying)  
5&6 Cross L over R, Step R to R, Recover weight on L  
7&8 Cross R over L, Step L to L, Recover weight on R

**(17-24) Pivot 1/2 R, L forward shuffle, Heel Strut(\*2)**

1-2 Step L forward, Pivot 1/2 turn R  
3&4 Step L forward, Lock R behind L, Step L forward  
5&6& Touch R heel forward, Step R beside L, Touch L heel forward, Step L beside R  
7&8& Touch R heel forward, Step R beside L, Touch L heel forward, Step L beside R

**(25-32) Camel walk, Paddle 1/2 Turn**

1&2& Step R forward, L toe beside R, Step L forward, R toe beside L  
3&4& Step R forward, L toe beside R, Step L forward, R toe beside L  
5-6 Step R forward, Pivot 1/4 turn L  
7-8 Step R forward, Pivot 1/4 turn L

**Tag: After wall 8, dance the tag:**

1-2 Rock R Back, Recover on L

**Ending : On wall 9 after dance 31 counts, Pivot 1/2 turn L, facing 12:00**

**Have fun!**

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