

Friends Come Running 123

Compte: 32

Mur: 4

Niveau: Improver



Chorégraphe: Helaine Norman (USA) - January 2022

Musique: Friends Don't Let Friends (feat. Carly Pearce, Thomas Rhett & Darius Rucker) - Lady A

Intro: On words "Got a buddy in Jacksonville"

*1 Tag followed by 1 Restart - Ending: At 12:00

I. TOUCH FORWARD, TOUCH SIDE, HEEL HOOK STEP X2

- 1-2 Touch R forward, touch R side
- 3&4 Touch R heel forward, hook R over L, step R forward
- 3-8 Repeat 1-2; 3&4 starting with L

II. ROCK RECOVER, 1/4 R CHASSEE; CROSS BACK, 1/4 L SAILOR

- 1-2 Step R forward, recover to L
- 3&4 Making 1/4 turn right step R side, step L together, step R side 3:00

□ Tag 1 & Restart during wall 6.

- 5-6 Step L over R, step R back
- 7&8 Making 1/4 turn left sweep step L behind, step R side, step L side 12:00

III. CROSS SIDE HEEL STEP CROSS; SIDE, STEP 1/4 L TURN, 1/2 L TURN RUN RUN RUN

- 1-2 Step R over L, step L side
- 3&4 Touch R heel diagonally right, step R (&), step L over R
- 5-6 Rock R side, making 1/4 turn left, recover to L 9:00
- 7&8 Making 1/2 turn left run RLR 3:00

III. FORWARD LOCK, FORWARD LOCK FORWARD; MAMBO, BACK COASTER

- 1-2 Step L forward, lock R behind
- 3&4 Step L forward, lock R behind, step L forward
- 5&6 Step R forward, step L together, step R forward
- 7&8 Step L back, step R together, step L forward

REPEAT

TAG 1 & RESTART -Tip to where it is: During wall 6 facing 3:00 hear lyrics about "wing man," dance first 8 counts, and next 4 counts. Now, facing 6:00 the music slows down during tag:

1/4 L TURN JAZZ BOX (WITH TOE STRUTS), TOUCH HOLD

- 1-2 Touch L over, drop L heel
- 3-4 Touch R back, drop R heel
- 5-6 Touch L side, drop L heel
- 7-8 Touch R together, hold

Optional for count 8: Touch R or scuff R

Restart dance (3:00).

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