

Shiftwork

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Pamela Ratz (USA) - December 2021

Musique: Shiftwork (feat. George Strait) - Kenny Chesney



#32 Count Intro

S1: Cross Rock/Recover & Cha-Cha-Cha X 2

- 1-2 Cross Rock RF over LF; Recover Weight onto LF
- 3&4 Tripple in Place R-L-R
- 5-6 Cross Rock LF over RF; Recover Weight onto RF
- 7&8 Tripple in Place L-R-L

S2: Fwd Rock/Recover, Shuffle 1/2 Turn, Pivot 1/4 Turn, Cross Shuffle

- 1-2 Rock RF Forward, Recover Weight onto LF
- 3&4 Shuffle 1/2 Turn stepping RF 1/4 Right; Step LF Beside RF; Step RF 1/4 Right
- 5-6 Step LF Forward, Pivot 1/4 Right onto RF
- 7&8 Cross LF over RF; Step RF to Right Side; Cross LF over RF

S3: Side Mambo W/Hold X 2

- 1-4 Rock RF to Right, Recover Weight on LF, Step RF Next to LF, Hold
- 5-8 Rock LF to Left, Recover Weight on RF, Step LF Next to RF, Hold

S4: Rocking Chair, Pivot 1/2 X 2

- 1-2 Rock RF Forward, Recover Weight onto LF
- 3-4 Rock RF Back, Recover Weight onto LF
- 5-6 Step RF Forward, Pivot 1/2 onto LF
- 7-8 Step RF Forward, Pivot 1/2 onto LF

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