

# Only Me

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Helma Yoga (INA) - December 2021

Musique: It's Only Me (Studio Version) - Kaleb J



Start dance after intro 8c

## #1 \*FORWARD LUNGE - FULL TURN - COASTER STEP (with hitch) - DIAMOND 1/4 TURN LEFT\*

- 1-2& R forward with lunge , recover on L , 1/2 turn right step R forward (06.00)  
3-4& 1/2 turn right step L back (12.00) , R back , L beside R  
5-6& R forward with knee up on L , cross L over R , 1/8 turn left step R back (10.30)  
7-8& L back , R back , 1/8 Turn left step L to side (09.00)

## #2 \*FORWARD (sweep) - BACK (sweep) - CROSS ROCK - 1/4 TURN RIGHT - FORWARD - SWIVEL 1/2 TURN RIGHT - SWIVEL 1/2 TURN LEFT\*

- 1-2& R forward with L sweep , L cross over R , R to side  
3-4& L cross behind R with R sweep back , R cross behind L , L to side  
5-6& cross R over L , recover on L , 1/4 turn right R forward ( 12.00))  
7-8& L forward , swivel 1/2 turn right , swivel 1/2 turn left with sweep on R ( weight on L)

## #3 \* WEAVE SYNCOPATE - CROSS ROCK - DRAG SIDE - 1/4 TURN LEFT WITH ARABESQUE - FORWARD - PIVOT 1/2 LEFT\*

- 1&2& cross R over L , L to side , R behind L , L to side  
3&4& cross R over L , recover on L , R to side slightly , touch L beside R (12.00)  
5-6 1/4 turn left L forward with lifting Right foot , R forward (09.00)  
7-8& 1/2 turn left step L in the place , R forward , Touch L beside R (03.00)

## #4 \*TRAVELING TURN (L-R) - NC\*

- 1-2& 1/8 turn left step L to side , recover on R , 1/8 turn right step L to side (06.00)  
3-4& 1/8 turn right step R to side , Recover on R , 1/8 turn left step R touch beside L (06.00)  
5-6-& R to side , L behind R , R ball in the place  
7-8-& L to side , R behind L , L ball in the place

Tag : 4c after wall 2

## STEP SIDE TOUCH (R-L)

- 1-4 R slightly to side , L touch beside R , L slightly to side , R touch beside L (weight on L)