

# Adulging Blows

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Pat Esper (USA) - December 2021

Musique: AA - Walker Hayes



Song Suggestion From My Friend And Fellow Hurricane Outlaw, Shannon Michelle

No tags or restarts

**[1-8]: Triple forward, Rock, Recover, Triple back, Rock, Recover**

- 1&2 Step forward on the right, Step the left next to the right, Step forward on the right  
3-4 Rock forward on the left foot. Recover onto the right foot.  
5&6 Step back on the left foot, Step the right foot next to the left, Step back on the left foot.  
7-8 Rock back on the right foot. Recover onto the left foot.

**[9-16]: Half turn triple, Rock, Recover, Half turn triple, Rock, Recover**

- 1&2 Step forward on the right foot making a quarter turn to the left, Step the left foot next to the right, Turn a quarter turn to the left stepping back on the right foot.  
3-4 Rock back on the left foot. Recover onto the right foot.  
5&6 Step forward on the left foot making a quarter turn to the right, Step the right foot next to the left, Turn a quarter turn to the right stepping back on the left foot.  
7-8 Rock back on the right foot. Recover onto the left foot.

**[17-24]: Step, Hip roll turn, Step, Hip roll turn, Jazz box**

- 1-2 Rock forward on the right foot. Turn and eighth turn to the left rolling the hips counterclockwise.  
3-4 Rock forward on the right foot. Turn and eighth turn to the left rolling the hips counterclockwise.  
5-6 Step the right foot across the right. Step back on the left foot.  
7-8 Step the right foot to the side. Step the left foot slightly forward next to the right.

**[25-32]: Kick-ball-cross, Slide, Touch, Kick-ball-cross, Slide, Touch**

- 1&2 Kick the right foot forward, Step onto the ball of the right foot, Step the left foot across the right  
3-4 Step the right foot to the side. Slide the left foot next to the right to a touch.  
5&6 Kick the left foot forward, Step onto the ball of the left foot, Step the right foot across the left.  
7-8 Step the left foot to the side. Slide the right foot next to the left to a touch.
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