

# Its U Gurl

**Compte:** 32

**Mur:** 4

**Niveau:** Low Intermediate

**Chorégraphe:** Laura Pistoia (USA) & Stephen Pistoia (USA) - November 2021

**Musique:** U Gurl - Walker Hayes : (iTunes)



**Intro: 16cts - weight starts on RF, No tags or restarts**

**(&1-8) AND STOMP STOMP STEP BACK SHUFFLE BACK ROCK RECOVER HITCH SHUFFLE FORWARD**

- &1,2,3&4 stomp LF forward on &, stomp RF next to LF1, step LF back 2, step RF back 3, step LF next to RF & step RF back 4.
- 5,6,7&8 rock LF back hitch RT knee 5, recover weight on RF 6, step LF forward 7, step RF next to LF &, step LF forward on 8

**(9-16) RT SIDE ROCK CROSS, LT SIDE ROCK CROSS, 1/8 HIP ROLL X 2**

- 1&2,3&4 step RF out to RT 1, step LF next to RF &, cross RF over LF 2, step LF out to LT 3, step RF next to LF&, cross LF over RF 4.
- 5,6,7,8 step RF out RT making 1/8 turn LT rolling hips 5,6. 7,8 repeat 5,6 finish with weight on LF

**( 17-24 ) CROSS SIDE BEHIND AND HEEL AND CROSS SIDE BEHIND AND HEEL**

- 1,2,3&4 cross RF over LF 1, step LF out to LT 2, step RF behind LF 3, step LF out to LT on &, RT heel out to RT 4.
- &5,6,7&8& step RF next to LF on &, cross LF over RF 5, step RF out to RT 6, step LF behind RF 7, step RF next to LF on &, LT heel out to LT 8. step LF next to RF

**(25-32) SYNCOPATED ROCKING CHAIR, KICKBALL CHANGE X 2**

- 1,2&3,4 rock RF forward 1, recover weight on LF 2, step RF next to LF on &, rock LF back 3, recover weight RF 4.
- 5&6,7&8 kick LF forward 5, step LF next to RF on &, step RF next to LF 6, repeat 5&6 taking weight on RF to start the dance again! ENJOY!

**Any questions contact me @ [pistoias@gmail.com](mailto:pistoias@gmail.com) have fun enjoy!!!!**

**Last Update - 24 Nov. 2021**