

# Just A Notion AB

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 2

**Niveau:** Absolute Beginner

**Chorégraphe:** Aiden Fryer (UK) - November 2021

**Musique:** Just A Notion - ABBA



**Start after intro (12 secs) on words" Just a notion"**

## **SEC 1: CHASSE RIGHT ROCK BACK , CHASSE LEFT ROCK BACK**

1&2 Step R to R side , Close L next to R, Step R to R side  
3-4 Rock back left recover right  
5&6 Step L to L side, Close R next to L, Step L to L side  
7-8 Rock back right recover left

## **SEC 2: SHUFFLE FORWARD ROCK RECOVER , SHUFFLE BACK ROCK BACK RECOVER**

1&2 Step forward on R , Close L next to R, Step forward on R  
3-4 Rock forward on left , recover on right  
5&6 Step back on L , Close R next to L , step back on L  
7-8 Rock back on right , recover on left

## **SEC 3: ¼ SIDE TOUCH SIDE TOUCH , GRAPEVINE WITH TOUCH**

1-2 Make ¼ left step right to right side , touch left next to right  
3-4 Step left to left side touch right next to left  
5-6 Step right to right side , cross L behind  
7-8 Right to right side , touch left next to right

## **SEC 4: SIDE BEHIND ¼ TOUCH - HIP BUMPS R , L , R ,L**

1-2 Step left to left side, right behind  
3-4 Make ¼ left step forward on left after vine touch R next to L  
5-6-7-8 Step R to R side pushing hips as you bump hips RLRL \*

**END OF DANCE**

\* On the last count you can flick right foot behind left