

My Trusted Friend

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Harry Heng (INA) - November 2021

Musique: Seasons In the Sun - Westlife



Restart: 2 On Wall 3 After 24 Counts And Wall 7 After 12 Counts

I : SIDE ROCK, RECOVER, BACK , RECOVER, TOUCH OUT, TOUCH BESIDE, CHASSE

- 1 - 2 Step R To R Side (1), Recover On L (2),
- 3 - 4 Step R Behind L (3), Recover On L (4)
- 5 - 6 Touch R Out To R (5) , Touch R Beside L (6),
- 7 & 8 Step R To Side (7), Close L Beside R (&), Step R To Side (8)

II : STEP BEHIND, RECOVER, SIDE ROCK , RECOVER, ROCK FWD , RECOVER, ¼ TURN L CHASSE

- 1 - 2 Step L Behind R (1), Recover On R (2)
- 3 - 4 Step L To Side (3), Recover On R (4)
- (Restart Here On Wall 7, Change Step On Count 4 From Recover To Touch R Beside L)**
- 5 - 6 Rock Forward (5) , Recover On R (6) ,
- 7 & 8 ¼ Turn L Step L To Side (7), Close R Beside L (&), Step L To Side (8)

III : WEAVE L, SWEEP R, WEAVE R, POINT OUT

- 1 - 2 Cross R Over L (1), Step L To Side (2)
- 3 - 4 Cross R Behind L(3), Sweep L From Front To Back (4)
- 5 - 6 Cross L Behind R (5), Step R To Side (6),
- 7 - 8 Cross L Over R (7), Point R To R Side (8)

(Restart Here On Wall 3, Change Step On Count 8 From Point To Side To Touch R Beside L)

IV : ¼ TURN R, CLOSE TOGETHER, POINT L TO SIDE, CLOSE TOGETHER, POINT R TO SIDE, JAZZ BOX ¼ TURN R

- 1 - 2 ¼ Turn R, Close R Beside L (1), Point L To L Side (2),
 - 3 - 4 Close L Beside R (3), Point R To R Side (4)
 - 5 - 6 Cross R Over L (5) , Step L Back (6)
 - 7 - 8 ¼ Turn R Step R To Side (7), Step L Forward (8)
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