

Free Spirit

Compte: 40

Mur: 4

Niveau: Intermediate

Chorégraphe: Christine Widler (AUT) & Silvia Pfister (AUT) - October 2021

Musique: Riding Free (Spirit: Riding Free) - Maisy Stella



Intro: After 16 counts of the heavy beat (2+2 walls)

shuffle diagonally fwd r+l, cross, side, sailor step

- 1&2 Step diagonally forward on right, Step left next to right, Step diagonally forward on right
- 3&4 Step diagonally forward on left, Step right next to left, Step diagonally forward on left
- 5-6 Cross right over left, Step left to left side
- 7&8 Cross right behind left, Step left to left side, Step right to right side

cross, ¼ turn l, ½ triple turn l, rock step, coaster cross

- 1-2 Cross left over right, ¼ turn left stepping back on right (9:00)
- 3&4 ¼ turn left stepping left to left side (6:00), Step right next to left, ¼ turn left stepping forward on left (3:00)
- 5-6 Step forward on right, Recover on left
- 7&8 Step back on right, Step left next to right, Cross right over left

side rock, behind-side-cross, side, hold, touch unwind ½ turn

- 1-2 Step left to left side, Recover on right
- 3&4 Cross left behind right, Step right to right side, Cross left over right
- 5-6 Step right to right side, Hold
- 7-8 Touch left behind right, ½ turn left unwind (weight on left) (9:00)

(Restart after 24 counts of Wall 5 facing [9:00])

(Restart after 24 counts of Wall 7 facing [12:00])

½ turn l, ½ turn l, ¼ turn l-side rock, cross shuffle, side rock

- 1-2 ½ turn left stepping back on right (3:00), ½ turn left stepping forward on left (9:00)
- 3-4 ¼ turn left stepping right to right side (6:00), Recover on left
- 5&6 Cross right over left, Step left to left side, Cross right over left
- 7-8 Step left to left side, Recover on right

vaudevilles l+r, rock step, coaster step

- 1&2& Cross left over right, Step slightly back on right to right side, Left heel to left diagonal, Step left next to right
- 3&4& Cross right over left, Step slightly back on left to left side, Right heel to right diagonal, Step right next to left
- 5-6 Step forward on left, Recover on right
- 7&8 Step back on left, Step right next to left, Step forward on left

TAG: At the end of Wall 2 facing [12:00]

side rock & side rock & pivot ½ turn l, pivot ½ turn l

- 1-2& Step right to right side, Recover on left, Step right next to left
- 3-4& Step left to left side, Recover on right, Step left next to right
- 5-6 Step forward on right, ½ pivot left (weight on left) (6:00)
- 7-8 Step forward on right, ½ pivot left (weight on left) (12:00)