

# In My Bed

**COPPER** **KNOB**  
BY STEPHENETS

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Andrico Yusran (INA) - October 2021

**Musique:** In My Bed - Braaten



**No Tag No Restart**

**\*Start Dance after intro lyric 32 counts ( 16" )\***

## **S1# \*BACK ROCK - FORWARD - LOCK SHUFFLE FORWARD - PIVOT 1/4 TURN LEFT - CROSS SHUFFLE\***

1-2-3 Step R back , L recover , R forward  
4&5 L forward , R lock behind L , L forward  
6-7 R forward 1/4 turn to L , L in place  
&-8 R cross over L , L to side

## **S2# \*CROSS - SIDE ROCK - SAILOR - SAILOR FORWARD - LOCK SHUFFLE FORWARD\***

1-2-3 Step R cross over L , L side , R recover  
4&5 L cross behind R , R to side , L side  
6&7 R cross behind L , L to side , R forward  
&-8 L forward , R lock behind L

## **S3# \*FORWARD - PIVOT 1/2 TURN LEFT - LOCK SHUFFLE FORWARD - SIDE DRAG - TRIPLE SIDE\***

1-2-3 Step L forward , R forward 1/2 turn to L , L in place  
4&5 R forward , L lock behind R , R forward  
6 L slightly to side  
7&8 R - L ball in place , R slightly to side

## **S4# \*SAILOR 1/4 TURN LEFT - WALK FORWARD - PIVOT 1/2 TURN L - PIVOT 1/4 TURN LEFT\***

1&2 Step L cross behind 1/4 turn to L , R back , L forward  
3-4 R - L walk forward  
5-8 R forward 1/2 turn to L , L in place , R forward 1/4 turn to L , L in place ( weight on L ) ( 3.00 )

**Dancing With Your Heart**

**Contact:** [ricoyusran@yahoo.com](mailto:ricoyusran@yahoo.com)