

Promises To Me

Compte: 32

Mur: 4

Niveau: Intermediate

Chorégraphe: Leslie Thompson (USA) - October 2021

Musique: Promises - I AM THEY : (Faithful God album)



Intro: 16 Counts (Slow Counts)

***Tag/Restart - End of wall 9 facing (9:00) - 4 count - Counts 1,2 - Look Up with hands out Counts 3,4 - Look slightly down towards left shoulder with hands crossed over your heart - Restart**

Wizard Right, Wizard Left, Skate Right, Left, Right, Left

- 1,2& Step Right diagonally forward, Step lock Left behind Right, Step Right slightly forward
- 3,4& Step Left diagonally forward, Step lock Right behind Left, Step Left slightly forward
- 5,6 Drag Right in towards Left then slide Right forward to Right diagonal, Drag Left in towards Right then slide Left forward to Left diagonal (just like ice/roller skating)
- 7,8 Drag Right in towards Left then slide Right forward to Right diagonal, Drag Left in towards Right then slide Left forward to Left diagonal (just like ice/roller skating)

¼ Jazz Right, ½ Monterey Right

- 1,2 Cross Right over Left, Step back onto Left
- 3,4 Step Right forward ¼ turn Right, Step Left slightly forward (3:00)
- 5,6 Point Right to Right side, ¼ turn Right stepping Right next to Left (9:00)
- 7,8 Point Left to Left side, Step Left next to Right

Rock Recover, ½ Triple Right, Rock Recover, ¼ Sailor Left

- 1,2 Rock Right forward, Recover weight on Left
- 3&4 Step ¼ Right to Right side (12:00), Step Left beside Right, Step ¼ Right to Right side (3:00)
- 5,6 Rock Left forward, Recover weight on Right
- 7&8 Cross Left behind Right, ¼ Right step Right to Right side, Step Left next to Right (12:00)

Point, Hold, Point, Hold, Heel Swivel, ¼ Pivot Turn Left

- 1-2 Point Right forward, Hold
- &3,4 Step Right next to Left, Point Left forward, Hold
- &5&6 Step Left next to Right, Step Right, Swivel heels Right, Center (Weight on Left)
- 7,8 Step Right forward, ¼ pivot turn Left (Weight on Left) (9:00)

Start Dance Over

***Tag/Restart - End of wall 9 facing (9:00) - 4 count - Counts 1,2 - Look Up with hands out - Counts 3,4 - Look slightly down towards left shoulder with hands crossed over your heart - *Restart**

Last Update - 13 Oct. 2021