

# Esen Mono

Compte: 64

Mur: 2

Niveau: Phrased Improver / Intermediate



Chorégraphe: Herman Baso (INA) - September 2021

Musique: Esena Mono - Alexandros Tsopozidis

Intro : 32 counts

Note : Part A 32C of melody, Part B 32C of Lyrics

Sequence : ABA BBA BAB BAA

## PART A (32 C)

### S1# SIDE ROCK - RECOVER - TRIPLE STEPS (R - L)

1, 2 step RF to side, recover on LF  
3&4 close RF next to LF, tap LF in place, tap RF in place  
5, 6 step LF to side, recover on RF  
7&8 close LF next to RF, tap RF in place, tap LF in place

### S2# ½ PIVOT - LOCK SHUFFLE FWD (R - L)

1, 2 step RF forward, ½ turn left recover on LF  
3&4 step RF forward, lock LF behind RF, step RF forward  
5, 6 step LF forward, ½ turn right recover on RF  
7&8 step LF forward, lock RF behind LF, step LF forward

### S3# SIDE RECOVER CLOSE (R - L) - CROSS - SIDE - CROSS - ½ TURN CROSS - SIDE - CROSS

1&2 step RF to side, recover on LF, close RF next to LF  
3&4 step LF to side, recover on RF, close LF next to RF  
5&6 cross RF over LF, step LF to side, cross RF over LF  
7&8 ½ turn left cross LF over RF, step RF to side, cross LF over RF

### S4# SIDE RECOVER CLOSE (R - L) - CROSS - SIDE - CROSS - ½ TURN CROSS - SIDE - CROSS

1&2 step RF to side, recover on LF, close RF next to LF  
3&4 step LF to side, recover on RF, close LF next to RF  
5&6 cross RF over LF, step LF to side, cross RF over LF  
7&8 ½ turn left cross LF over RF, step RF to side, cross LF over RF

## PART B (32 C)

### S1# STOMP FWD - RECOVER WITH HOOK - LOCK SHUFFLE FWD - ROCK FWD - RECOVER - LOCK SHUFFLE BACK

1, 2 Stomp RF fwd with LF on toes, recover on LF with RF hook in front of LF  
3&4 step RF fwd, lock LF behind RF, step RF fwd  
5, 6 rock LF fwd, recover on RF  
7&8 step LF back, lock RF in front of LF, step LF back

### S2# SIDE - RECOVER - ½ UNWIND - JAZZ BOX WITH CLOSE

1, 2 step RF to side, recover on LF  
3, 4 cross RF over LF, ½ turn left recover on LF  
5, 6 cross RF over LF, step LF back  
7, 8 step RF to side, close LF next to RF

### S3# SIDE - RECOVER - SIDE - CLOSE - ¼ TURN STEP FWD - ½ PIVOT - ¼ TURN SIDE SHUFFLE

1, 2 step RF to side, recover on LF  
3&4 step RF to side, close LF next to RF, ¼ turns right step RF fwd  
5, 6 step LF fwd, ½ turn right recover on RF  
7&8 ¼ turn right step LF to side, close RF next to LF, step LF to side

**S4# STEP BACK - RECOVER - KICK BALL CHANGE - STEP FWD - ½ TURN STEP BACK - ½ TURN STEP FWD, STEP FWD**

- 1, 2            step RF back - recover on LF
- 3&4            kick RF fwd, close RF next to LF, tap LF in place
- 5, 6            step RF fwd, ½ turn right step LF back
- 7, 8            ½ turn right step RF fwd, step LF fwd

**ENJOY the dance .....**

**Best regards, Herman Baso**

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