

The Best Of Me

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Miske Findriani Paduli (INA) - September 2021

Musique: The Best of Me - Bryan Adams



Restarts after 28C on wall 2, 5 & 8

Tag: 4 Counts after wall 9 (03:00)

S1: Side Rock, Back Rock, Forward Rock, ½ Turn R Forward Shuffle

1-2 Step R to R, recover on L
3-4 Step R back, recover on L
5-6 Step R forward, recover on L
7&8 ½ Turn R step R forward, Step L close to R, step R forward (06:00)

S2: Side Rock, Back Rock, Forward Rock, ¼ Turn L Shuffle To L

1-2 Step L to L, recover on R
3-4 Step L back, recover on R
5-6 Step L forward, recover on R
7&8 ¼ Turn L step L to side, Step R close to L, step L to side (03:00)

S3: Forward Rock, ½ Turn R Forward Shuffle, ½ Turn R Back Shuffle, Back Rock

1-2 Step R forward, recover on L
3&4 ½ Turn R step R forward, Step L close to R, step R forward
5&6 ½ Turn R step L back, Step R close to L, step L back
7-8 Step R back, recover on L

S4: Diagonal Forward Shuffle R & L, V Step

1&2 Step R diagonal forward, step L close to R, step R diagonal forward
3&4 Step L diagonal forward, step R close to L, step L diagonal forward
5-8 Step R out diagonal, step L out diagonal, step R to centre, step L to centre

Tag : 4 Counts

1-2 Touch R toe to R, step down on centre
3-4 Touch L toe to L, step down on centre

Thank You