

Old Time Sake

Compte: 32

Mur: 4

Niveau: High Improver

Chorégraphe: Ira Barie (INA) & Roosamekto Mamek (INA) - September 2021

Musique: One More Time - Rod Stewart



Intro: 16 count

S1. BACK, SWEEP, BEHIND, SIDE, CROSS, SHUFFLE TURN 1/4 LEFT, SHUFFLE TURN 1/2 LEFT

- 1-2 Step R back - Sweep L back (12:00)
3&4 Cross L behind R - Step R to side - Cross L over R (12:00)
5&6 Turn 1/4 left step R back - Step L together - Step R back (9:00)
7&8 Turn 1/4 left step L to side (6:00) - Step R together - Turn 1/4 left step L forward (3:00)

S2. PIVOT TURN 1/2 LEFT WITH HOOK, FORWARD SHUFFLE, STEP BACK TURN 1/2 LEFT, DRAG, TOGETHER, FORWARD R-L

- 1-2 Step R forward - Turn 1/2 left and hook L over R (9:00)
3&4 Step L forward - Step R together - Step L forward (9:00)
5-6 Turn 1/2 left step R back - Drag L toward R (3:00)
&7-8 Step L together - Step R forward - Step L forward (3:00)

S3. FORWARD SHUFFLE, ROCKING CHAIR

- 1&2 Step R forward - Step L together - Step R forward
3&4 Step L forward - Step R together - Step L forward (3:00)
5-8 Rock R forward - Recover on L - Rock R back - Recover on L

S4. JAZZ BOX CROSS TURN 1/4 RIGHT, SHUFFLE TURN 1/4 RIGHT, SHUFFLE TURN 1/2 RIGHT

- 1-4 Cross R over L - Turn 1/4 right step L back - Step R to side - Cross L over R (6:00)
5&6 Step R to side - Step L together - Turn 1/4 right step R forward (9:00)
7&8 Turn 1/4 right step L to side - Step R together - Turn 1/4 right step L back (3:00)

REPEAT

TAG: End of wall 4

- 1&2& Rock R back - Recover on L - Rock R in place - Recover on L
3&4 Rock R back - Recover on L - Step R together and clap hands
5&6& Rock L back - Recover on R - Rock L in place - Recover on R
7&8 Rock L back - Recover on R - Step L together and clap hands

Note: When doing the Rock Recover (Count 1&2&3& and 5&6&7&) make a sign with index finger pointing up with right hand on your body side, left hand on waist

For more info about step sheet & song, please contact:

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