

Heads Up! Ho Down!

COPPER KNOB
STEP SHEETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Georgie Mygrant (USA) - September 2021

Musique: Ho Down - Brady Seals



Intro: 16 - 1 Tag at the end of wall 4 for 16 counts

Rocking Chair 2x

1-4 Step R fwd. rock back on L, rock back on R, return to L
5-8 Step R fwd. rock back on L, rock back on R, return to L

Triple step R/ L, Step Fwd. Turn ½ to L

1&2-3&4 Step fwd. R/L/R, step fwd. L/R/L
5-8 Step fwd. on R turning ½ L, step on L, step on R then L

Modified K Step

1-4 Step R fwd. diagonally, touch L to R, step back L diagonally, touch R to L
5-8 Step back R diagonally, step L to R, step back L diagonally, touch R to L

2 Kick-Ball Chain's, Jazz Box Turning R

1&2-3&4 Kick R fwd. step on R, Lift L, then step on L, Repeat
5-8 Step R over L, step back on L turning R, step on R, then L

Tag: 2 Box steps. 1 back, 1 fwd. At End of Wall 4

1-4 Step R, step L to R, step R back, touch L to R,
5-8 Step L to L, step R to L, step L fwd. touch R to L

1-4 Step R to R, step L to R, step R fwd. touch L to R,
5-8 Step L to L, step R to L, step L back, touch R to L

That's it! A catchy little song. Hope you like it!

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I enjoy making my routines easy for beginners. Give it a try and see if your class likes it! Thank You