

# Trail In Life

**COPPER KNOB**  
BYEPOSTETS

**Compte:** 32

**Mur:** 0

**Niveau:** Improver

**Chorégraphe:** Lorraine Turner (AUS) - 23 August 2021

**Musique:** Trail in Life - Dean Brody



## Start On The Word "Moon"

### **SIDE ROCK CROSS ON RIGHT - SIDE ROCK CROSS ON LEFT - ½ TURN RIGHT - ¼ TURN LEFT**

1&2 Step R to R side - Replace L - Cross R over L  
2&4 Step L to L side - Replace R - Cross L over R  
5&6 Step fwd on R - ½ Turn R - Step fwd on R  
7&8 Step fwd on L - ¼ Turn L - Step fwd on L

### **FORWARD COASTER STEP - LEFT BACK LOCK - SWEEP RIGHT, BEHIND - STEP LEFT TO LEFT SIDE**

1&2 Step fwd on R - Bring L to meet R Step back on R ( Forward Coaster Step)  
3&4 Step back on L - Bring R back in front of L - Step back on L ( Back Lock)  
5&6,7 Sweep R behind L - Step L to L side - Step R in front of L - Sweep L across R  
&8 Step R to R side - Step L behind R

### **STEP RIGHT A ¼ TURN RIGHT - STEP LEFT A ¼ TURN RIGHT - SHUFFLE FORWARD RIGHT, LEFT, RIGHT**

### **STEP LEFT A ¼ TURN LEFT - STEP RIGHT A ¼ TURN LEFT - SHUFFLE FORWARD LEFT, RIGHT, LEFT**

1,2 Step R a ¼ turn R - Step L a ¼ turn R  
3&4 Step fwd on R - Bring L up behind R - Step fwd on R ( Shuffle Fwd R,L,R )  
5,6 Step L a ¼ turn L - Step R a ¼ turn L  
7&8 Step fwd on L - Bring R up behind L - Step fwd on L ( Shuffle Fwd L,R,L )

**TAG: AFTER FINISHING WALL 2 ( FACING 6 O'CLOCK ), DO 2 HIP SWAYS**

---