

The Light

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Rosa Beltran Greentree (AUS) - August 2021

Musique: The Light - Sara Bareilles : (Album: Kaleidoscope Heart)



Intro: 8 counts (begin dance when vocal starts on "comes")

S1: Fwd, Fwd Coaster, Behind, Side, Cross, Unwind Full Turn transfer weight, Side sway, Side sway

1,2&3 Step R fwd(1), step L fwd(2), step R next to L(&), step L back(3)
4& 5 Sweep step R behind L(4), step L to side(&), cross R over L(5)
6 7 8 Unwind full turn transferring weight on L(6), step R to side sway right(7), step L in place sway left(8)

***Restart here on Wall 4(6:00)**

S2: 1/8 right Fwd, Modified Fwd Coaster, Back, 1/8 left Side, 1/8 left Prissy Walks (R,L), Fwd, Step Back (L,R,L)

1,2& 3 1/8 right Slightly long step fwd on R(1), step L fwd(2), step R next to L(&), long step back on L(3) 1:30
4& 5 6 Step R back(4), 1/8 left Step L to side(&), 1/8 left Prissy walks on R(5), on L(6)
7&8& Step R fwd(7), step L back(&), step R back(8), step L back(&) 10:30

S3: 1/8 right N/C to right, Side, Behind, Side, Fwd, 1/2 left Fwd sweep, Fwd sweep, Fwd

1 2& 1/8 right Long step on R to side(1), step L behind R(2), cross R over L(&) 12:00
3 4& Step L to side (3), cross R behind L(4), step L to side(&)
5 6 7 8 Step R fwd(5), 1/2 left Step L fwd sweeping R to front(6), step R fwd sweeping L to front(7), step L fwd(8) 6:00

S4: Cross Rock Side (left, right), Fwd, Back sweep, Back sweep, Back

1 2& Cross rock R over L(1), recover L in place(2), step R to side(&)
3 4& Cross rock L over R(3), recover R in place(4), step L to side(&)
5 6 7 8 Step R fwd(5), step back on L sweeping R from front to back(6), step back on R sweeping L from front to back(7), step L back(8)

Start dance again.

***Shortwall/ Restart: Wall 4(6:00), dance to 8 counts and restart on same wall.**

End of dance: Wall 9(6:00) dance to 12 counts then step R fwd, step L fwd, Pivot 1/2 right Step R in place and step L fwd facing 12:00.

ENJOY!

Lovepeace2all