

Lone Country Nights

Compte: 32

Mur: 2

Niveau: Improver

Chorégraphe: Urban Danielsson (SWE) - August 2021

Musique: Lone Country Nights - Robin Winther : (CD: Lone Country Nights)



#32 counts intro, Restart on wall 3 after 16 counts, tag after wall 5.

Section 1: Side, together, shuffle back, back-lock-step, coaster step

- 1 - 2 Step right to right side, step left next to right
- 3&4 Step right foot back, step left next to right, step right foot back
- 5&6 step left foot back, lock-step right foot in front of left, step left foot back
- 7&8 Step right foot back, step left foot next to right, step right foot forward

Section 2: Step, turn 3/8, rock-recover-back, shuffle 1/2, shuffle 1/2

- 9 - 10 Step left forward, turn 3/8 to right and step right small step forward (4:30)
- 11&12 Rock left foot forward, recover weight onto right, step left foot back
- 13&14 Turn 1/4 right step right to right side (still on the diagonal), step left next to right, turn 1/4 right step right foot forward (1:30)
- 15&16 Turn 1/4 right step left to left side, step right next to left, turn 3/8 right step left foot back (6:00 - facing body to right diagonal)

Note: Restart here (after 16 counts) on wall 3

Section 3: Side, cross, rock-recover-step, walk x 2, anchor step

- 17 - 18 Step right to right side, step left across in front of right
- 19&20 Rock right to right side, recover weight onto left, turn 1/8 left step right forward (4:30)
- 21 - 22 Step left foot forward, step right foot forward
- 23&24 Step left foot behind right (3rd position), recover weight onto right foot, step left foot backwards

Section 4: 1/2 turn, 1/2 turn, coaster step, cross, side, heel, together, cross, side, touch

- 25 - 26 Turn 1/2 right step forward on right foot, turn 1/2 right step back on left (4:30)
- 27&28 Turn 1/8 right step back on right foot (6:00), step left next to right, step right foot forward
- 29&30& Cross left foot cross in front of right, step right foot to right side, dig left heel diagonal forward, step left next to right
- 31&32 Step right foot cross in front of left, step left foot to left side, touch right toes next to left

RESTART and ENJOY!

Tag: After wall 5 facing 6:00: Pivot 1/2 turn x 2

- 1 - 2 Step right foot forward, turn 1/2 turn left and step down on left foot
- 3 - 4 Step right foot forward, turn 1/2 turn left and step down on left foot

Note: Can be replaced with a rocking chair (rock right forward, recover weight onto left, rock right back, recover weight onto left)

Ending: Dance the 2 first counts and pose, you will be facing the front wall.