

1 + 1

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Jammart Amélie (BEL) - July 2021

Musique: 1+1 (feat. Amir) (Banx & Ranx Remix) - Sia



Intro 16 counts

WALK 2X, SISCOR CROSS, STRUT SIDE WITH HIP BUMPS, BEHIND SIDE CROSS

- 1 RF Step forward
- 2 LF Step forward
- 3 RF Step side R
- & LF Step next to RF
- 4 RF Cross over LF
- 5-6 LF Step L to the side and pushing hips L-R
- 7 RF Cross behind LF
- & LF Step side L
- 8 RF Cross over RF

½ TURN WITH BOUNCE, COASTER STEP, HIP BUMP FORWARD X2

- 9-10 RF Turn ½ turn with bounce heel
- 11 LF Step back
- & RF Step next to LF
- 12 LF Step forward
- 13-14 RF Step forward with hips bump R-L
- 15-16 LF Step forward with hips bump L-R

MAMBO STEP FORWARD, MAMBO STEP BACK, MAMBO STEPSIDE X2

- 17 RF Step forward
- & LF Recover
- 18 RF Step next to LF
- 19 LF Step back
- & RF Recover
- 20 LF Step next to RF
- 21 RF Step side R
- & LF Recover
- 22 RF Step next to LF
- 23 LF Step side L
- & RF Recover
- 24 LF Step next to RF

ROCK STEP SIDE, BEHIND SIDE CROSS ¼ TURN, WALK X2, FULL TURN

- 25 RF Step side R
- 26 LF Recover
- 27 RF Step behind LF
- & LF Step ¼ turn L
- 28 RF Step forward
- 29 LF Step forward
- 30 RF Step forward
- 31 LF Step ½ turn
- & RF Step ½ turn
- 32 LF Step forward

