

My Teddy Bear

Compte: 48

Mur: 4

Niveau: Improver

Chorégraphe: Ernie Yin (INA) - July 2021

Musique: (Let Me Be Your) Teddy Bear - Elvis Presley



Intro : 8 - *Restart on wall 2 & 5 after 40 count

I. TOE STRUTS - KICK DIAGONAL

1 2 Touch Rf forward - Step Rf in place
3 4 Touch Lf forward - Step Lf in place
5 6 Kick Rf diagonally forward R - Touch Rf beside Lf
7 8 Kick Rf diagonally forward R - Close Rf beside Lf

II. TOE STRUTS - KICK DIAGONAL

1 2 Touch Lf forward - Step Lf in place
3 4 Touch Rf forward - Step Rf in place
5 6 Kick Lf diagonally forward L - Touch Lf beside Rf
7 8 Kick Lf diagonally forward L - Close Lf beside Rf

III. SLOW JAZZ TURN 1/4 R

1 2 Step Rf Cross over Lf - HOLD
3 4 Turn 1/8 R Step Lf back - HOLD
5 6 Turn 1/8 R Step Rf to right - HOLD
7 8 Step Lf forward - HOLD (03.00)

IV. JAZZ BOX 1/4 R - OUT OUT IN IN

1 2 Step Rf cross over Lf - Turn 1/8 R Step Lf back
3 4 Turn 1/8 R Step Rf to right - Step Lf forward (06.00)
5 6 Step Rf forward diagonally R - Step Lf open to left
7 8 Step Rf back - Close Lf beside Rf

V. SLOW PIVOT 1/2 L - TURN 1/4 OUT OUT - HOLD

1 2 Step Rf forward - HOLD
3 4 Turn 1/2 L Step on Lf - HOLD (12.00)
& 5 Turn 1/4 L Step Rf to right - Step Lf open to left (09.00)
6 7 8 HOLD for 3 count

*Restart happen here on wall 2 & 5

VI. TWIST R & L

1 2 Swivel heels to right - Swivel heels to left
3 4 Swivel heels to right - Hold (Body weight on R)
5 6 Swivel heels to left - Swivel heels to right
7 8 Swivel heels to left - Hold (Body weight on L)

*do section 6 with hip twist

Happy dancing ...

Stay safe ...

Stay healthy..