

# Life Goes On

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 4

**Niveau:** Advanced



**Chorégraphe:** Hiroko Carlsson (AUS) - July 2021

**Musique:** Life Goes On (feat. Alex Hosking) - PS1 : (Spotify)

(32 counts intro)

**[S1] Fwd Rock-1/2L, 1/2L Turning Shuffle-1/2L, Fwd Rock**

1 2 3            Rock forward on R, Recover weight on L, Make a 1/2 turn left stepping forward on R (6:00)  
4&5            Making a 1/2 turn left shuffle back on L-R-L (12:00)  
6 7 8            Make a 1/2 turn left stepping forward on R, Rock forward on L, Recover weight on R (6:00)

**[S2] Back, R Heel-&-Tap-&-Heel-&, L Heel-&-Tap-&-Heel-&, R Heel Grind 1/4R**

1 2&            Step back on L, Touch R heel forward, Step down on R  
3&4&           Tap L next to R, Step back on L, Touch R heel forward, Step R together  
5&6&           Touch L heel forward, Step down on L, Tap R next to L, Step back on R  
7&            Touch L heel forward, Step L together  
8 1            Grind R heel making 1/4 turn right\*\*, Stepping slightly back on L (9:00)

**[S3] Back Rock-Fwd-Point, Cross Kick, Point-1/4L Quick Monterey, Step-Pivot 1/2L**

2 3            Rock back on R, Recover weight on L  
&4            Step forward on R, Point L to the side  
5 6&           Kick L across R, Point L to the side, Make a 1/4 turn left swiftly stepping L together (6:00)  
7 8            Step forward on R, Make a 1/2 turn left recover weight on L (12:00)

**[S4] Point, Cross Kick, Point-1/4R Monterey Turn, Step-Pivot 1/2R, Shuffle Fwd**

1 2            Point R to the side, Kick R across L  
3 4            Point R to the side, Make a 1/4 turn right stepping R together (3:00)  
5 6            Step forward on L, Make a 1/2 turn right recover weight on R (9:00)  
7&8            Shuffle forward on L-R-L

**Restart on Wall 4 count 16 with step change\*\* (9:00) - Section 2 on count 8, instead of heel grind 1/4R turn-Touch R heel forward (8), Drop R toe down/rock forward on R and restart (1)**

**Ending suggestion: The last wall starts at 6:00. Dance up to count 28, then Step-pivot 1/4R to the front and cross shuffle on L-R-L (12:00)**

**Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 7/Jul/21)**