

Suéltate El Pelo

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Virnita Simorangkir (OMN) - June 2021

Musique: Suéltate El Pelo - TINI



Restart at wall 3 after 16 counts - facing 9 o'clock

Sec 1. Forward Mambo, Back Mambo, Syncopated Extended Cross Shuffle

- 1&2 Step R forward, recover on L, step R backward
- 3&4 Step L backward, recover on R, Step L forward
- 5&6 Cross RF over LF, Step LF to side , Cross RF over LF
- &7&8 Step LF to side, Cross RF over LF, Step LF to side, Cross R over L

Sec 2. 3/8 Diamond Step With Hitch, syncopated diagonal rocking chair, rock forward,Hitch, 3/8 Turn Left

- 1&2 Cross LF over RF, 1/8 turn left Step RF to back (10.30) , Step LF back diagonal with Hitch on RF
- 3&4 Step RF back, 1/4 turn left Step forward LF (7.30), rock forward RF
- 5&6& Rock forward RF, recover RF, step back LF , recover RF
- 7&8 Rock forward LF, hitch RF, turn 3/8 to left (3.00)

*Restart here - wall 3

Sec 3. Cross Samba R & L, Step Mambo Forward, Back, Recover, 1/2 pivot L

- 1&2 Cross RF over LF, LF side step , RF recover
- 3&4 Cross LF over RF, RF side step , LF recover
- 5&6 Step RF forward, recover on LF, step RF next to LF
- 7&8 Step LF backward, recover on RF, 1/2 turn Left (9.00 body weight on LF)

Sec 4. Diagonal lock step forward R & L, Full Turn Chug

- 1&2 Step RF forward diagonal, step LF lock behind RF, step RF forward
- 3&4 Step LF forward diagonal, step RF lock behind LF, step LF forward
- 5-6 1/4 turn left chug RF side (6.00) , 1/4 turn left chug RF to side (3.00)
- 7-8 1/4 turn left chug RF to side (12.00),(8)1/4 turn left chug RF to side (9.00)

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