

Nuo Yan (诺言)

Compte: 32

Mur: 2

Niveau: Improver NC2S

Chorégraphe: Anthony Kusanagi (INA) - June 2021

Musique: Nuo Yan (诺言) - Yu Tian (雨天)



(No TAG, No Restart)

I. BASIC NIGHT CLUB - SWEEP - FORWARD STEP - SCISSOR STEP - TURN 3/8 TO RIGHT - ROLLING VINE - BASIC NIGHT CLUB

- 1 R slide to right side(1)
2&3 turn 1/8 to left(10.30) then L step behind R(2) - R step forward(&) - turn 1/4 to right(01.30) on R while L sweeping forward on toe(3)
4&5 L step forward(4) - turn 1/8 to left(12.00) then R slide to right side(&) - L step next to R(5)
6&7 turn 1/8 to left(10.30) then R step forward(6) - turn 3/8 to right(03.00) then L step backward(&) - turn 1/4 to right(06.00) then R step to right side(7)
8&1 turn 1/8 to left(04.30) then L step behind R(8) - R step forward(&) - turn 1/8 to right(06.00) then L slide to left side(1)

II. DIAMOND FALLAWAY - BACKWARD STEPS - TURN 1/4 TO RIGHT - SIDE STEP - TURN 1/4 TO LEFT - THREE STEPS TURN - SWEEP

- 2& turn 1/8 to right(07.30) then walk backward on R(2) - L(&)
3 turn 1/8 to right(09.00) then R slide to right side(3)
4& turn 1/8 to right(10.30) then walk forward on L(4) - R(&)
5 turn 1/8 to right(12.00) then L slide to left side(5)
6& step backward on R(6) - L(&)
7 turn 1/4 to right(03.00) the R lunge to right side(7)
8&1 turn 1/4 to left(12.00) then recover to L(8) - L make a full turn then R step next to L(&) - L step forward then R sweep forward(1)

III. VINE - SWEEP - VINE - SWAY - TURN 1/2 TO RIGHT - SWAY

- 2&3 turn 1/8 to left(10.30) then R step forward(2) - turn 1/8 to right(12.00) then L step to left side(&) - turn 1/8 to right(01.30) then R step backward while L sweep backward on toe(3)
4&5 turn 1/4 to left(10.30) then L step backward(4) - turn 1/8 to right(12.00) then R step to right side(&) - turn 1/8 to right(01.30) then L step forward(5)
6&7 turn 1/8 to left(12.00) then R step to right side while upper body sway to right(6) - left(&) - right(7)
8&1 turn 1/2 to right(06.00) then L step to left side while upper body sway to left(8) - right(&) - left(1)

IV. PRIZZY WALK - PASSE WALK TO LEFT - TURN 1/8 TO LEFT - FORWARD LUNGE - RECOVER - TURN 1/8 TO RIGHT - SIDE STEP - PIQUE WITH PASSE

- 2-3 step forward slightly across on R(2) - L(3)
4&5 hold while R hitch outward to right side(4) - R cross in front of L while bend down on both knees(&) - L step to left side while R hitch outward to right side(5)
6&7 turn 1/8 to left (04.30) then R lunge forward(6) - recover to L(&) - turn 1/8 to right(06.00) then R step to right side(7)
8 L step forward on ball while R hitch outward to right side(8)