

Alcohol Free

COPPER **NOB**
BYEPOSTHEAT

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Hyeon Gyeong Jang (KOR) - June 2021

Musique: Alcohol-Free - TWICE



Start : 16 Count

Section 1: (Side, Together, Side, Bump, Bump) x2

1-2 step right to side , step left together
3&4 step right to side, left hip, right hip
5-6 step left to side, step right together
7&8 step left to side, right hip, left hip

Section 2: Side Point with Hips Lifted & Dropped, Behind, Side, Cross, Hitch, Side, Together, Hitch, Side, Together

1&2 point right toes to right side as lifting hips up, drop hips down, lift hips up
3&4 cross right behind left, step left to left, cross right over left
5&6 left hitch, step left to left, step right together

*Arms

*5 both hands above your knees

*6 right hand next to right waist, left hand next to left waist

7&8 right hitch, step right to right, step left together

*Arms

*7 both hands above your knees

*8 right hand next to right waist, left hand next to left waist

Section 3: (Walk, Together, Back, Together) x2 , K step

1&2& step right forward with body roll, step left together, step right back with body roll, step left together
3&4& step right forward with body roll, step left together, step right back with body roll, step left together

*Arms

1-4 right hand next to right waist, left hand next to left waist

5&6& forward right diagonal right, touch left together, back left diagonal right, touch right together

7&8& back right diagonal right, touch left together, forward left diagonal left, touch right together

Section 4: Vine, Ball touch, Together, Side, Together, Turn ¼ right shimmy, Shimmy, Down hip, Up hip

1&2& step right to right, cross left behind right ,step right to right, cross left over right
3-4 touch right to right, step right together,
5-6 turn ¼ right stepping right forward Shaking shoulders & hips, step left forward Shaking shoulders & hips,
7-8 Down hip , Up hip with body roll

Smile and enjoy the dance

Contact : nety14@naver.com