

Shake Your Body Baby

Compte: 32

Mur: 4

Niveau: Improver

Chorégraphe: Lily Kho (INA) & Yulie Dama (INA) - May 2021

Musique: Conga - Meek Mill, Leslie Grace & Boi-1da



Section 1. Forward Mambo, Back Mambo, Cumbia

- 1&2 Step R forward, recover on L, sfep R beside L
- 3&4 Step L back, recover on R, step L beside R
- 5&6 Cross R behind L, recover on L, step R in place
- 7&8 Cross L behind R, recover on R, step L in place

Section 2. Diagonal forward, Touch, Diagonal shuffle (R/L)

- 1,2 Step R forward diagonal to R, touch on L beside R
- 3&4 Step L forward diagonal to L, step R beside L, step L forward diagonal to L
- 5,6 Step L forward diagonal to L, touch on R beside L
- 7&8 Step R forward diagonal to R, step L beside R, step R forward diagonal to R

****Restart here on Wall 3, 10**

Section 3. Cross rock, Side, Cross rock, 1/4 turn L, Touch forward, Hook, Forward shuffle

- 1&2 Cross R over L, recover on L, step R to side
- 3&4 Cross L over R, recover on R, 1/4 turn L
- 5, 6 Touch R forward, hook on RF
- 7&8 Step R forward, step L beside R, step R forward

Section 4. Rock Forward, 1/4 turn L, Susi Q, Side touch, 1/4 turn L, Flick

- 1&2 Step L forward, Recover on R, 1/4 turn L
- 3&4 Cross R over L, Step L to L, Cross R over L
- 5&6 Cross L over R, Step R to R, Cross L over R
- 7,8. Step touch to R side, 1/4 turn L with Flick on RF

Shake your body and happy dancing!

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