

# My Arms Are Waiting For You

**COPPER** **KNOB**  
BY STEPHEN

**Compte:** 32

**Mur:** 2

**Niveau:** Beginner

**Chorégraphe:** Pat Newell (USA) - 25 May 2021

**Musique:** Baby Confess - Leland Martin



#16 in

## **ROCK BACK, RECOVER, TRIPLE 1/2 LEFT, ROCK BACK RECOVER, TRIPLE 1/4 RIGHT**

1,2 3&4      Rock back on R, recover on L, triple step to 1/2 wall L 6:00

5,6 7&8      Rock back on L, recover on R, triple step to 1/4 wall R 9:00

## **ROCK BACK, RECOVER, TRIPLE 1/2 LEFT, ROCK BACK RECOVER, TRIPLE 1/4 RIGHT**

1,2 3&4      Rock back on R, recover on L, triple step to 1/2 wall L 3:00

5,6 7&8      Rock back on L, recover on R, triple step to 1/4 wall R 6:00

## **RUMBA BOX,**

1-4      Step R, L together, step R back touch L

5-8      Step L, R together, step L fwd , scuff R

## **JAZZ BOX, HIP SWINGS**

1-4      Step R over L, step on L, step on R, step L slightly fwd

5-8      Swing hips, R, L, R, L

**Start Again**

**DANCE FOR THE HEALTH OF IT**

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