

My Bestie

Compte: 32

Mur: 4

Niveau: High Improver

Chorégraphe: Colin Ghys (BEL) & José Miguel Belloque Vane (NL) - May 2021

Musique: Iko Iko (My Bestie) (feat. Small Jam) - Justin Wellington



#16 Count Intro

[01 - 08]: Walk Walk, Rock, Side Rock, Extended Weave, Touch Heel Bounce

- 1-2 Step right forward, step left forward
- 3&4& Rock right forward, recover weight onto left, rock right to right, recover weight onto left
- 5&6& Step right behind left, step left to left, cross right over left, step left to left
- 7&8 Touch right behind left, lift both heels, lower both heels transferring weight onto right

Option

- &8 Raise right shoulder, lower right shoulder raise left shoulder

[09 - 16]: Forward Rumba Box, Back, Back, Coaster Step

- 1&2 Step left to left, step right beside left, step left forward
- 3&4 Step right to right, step left beside right, step right back
- 5-6 Step left back, step right back
- 7&8 Step left back, step right beside left, step left forward

[17 - 24]: Step ½ Pivot, Step ¼ Pivot, Vaudeville, Vaudeville

- 1-2 Step right forward, pivot ½ left transferring weight onto left (6:00)

Arms Push both hands to ceiling shaking hands from side to side, lower both hands

- 3-4 Step right forward, pivot ¼ left transferring weight onto left (3:00)

Arms Push both hands to ceiling shaking hands from side to side, lower both hands

- 5&6& Cross right over left, step left to left, touch right heel to right diagonal, step right beside left
- 7&8& Cross left over right, step right to right, touch left heel to left diagonal, step left to left

[25 - 32]: ¾ Volta Turn, Weave Sweep, ¼ Weave Touch

- 1& Turn ¼ right cross right over left, step left beside right (6:00)
- 2& Turn ¼ right cross right over left, step left beside right (9:00)
- 3&4 Turn ¼ right cross right over left, step left beside right, step right forward (12:00)
- 5&6 Cross left over right, step right to right, step left behind right sweeping right from front to back
- 7&8 Step right behind left, turn ¼ left step left forward. Touch right beside left (9:00)

Tag 1: After Walls 1, 3, 4

V-Step

- 1-2 Step right to right diagonal, step left to left
- 3-4 Step right back, step left together

Note Shimmy shoulders on V-Step

Tag 2: After Wall 6

V-Step, Step ½ Pivot, Step ½ Pivot

- 1-2 Step right to right diagonal, step left to left
- 3-4 Step right back, step left together

Note Shimmy shoulders on V-Step

- 5-6 Step right forward, pivot ½ left transferring weight onto left
- 7-8 Step right forward, pivot ½ left transferring weight onto left