

Oh Nona Manis

Compte: 32

Mur: 4

Niveau: Beginner / Improver

Chorégraphe: Abadi Haria (INA) - May 2021

Musique: Oh Nona Manis - Richie Ricardo



*2x Tag after 4w, 5w = 4c

*4x Restart on

*4w= 16c

*5w= 16c

*6w= 24c

*8w= 16c

-1w=32

-2w=32

-3w=32

-4w=16 + tag = 4c

-5w=16 + tag = 4c

-6w=24

-7w=32

-8w=16

-9w=32 end

SEC 1 : RIGHT SIDE, TOGETHER, SIDE-SHUFFLE, QUARTER LEFT, TOGETHER, SIDE-SHUFFLE

1-2 Step to Right on Rf, step on Lf beside Right

3&4 Step to Right on Rf, step on Lf beside Right, step to Right on Rf

5-6 Turning ¼ Left step to Left on Lf, step on Rf beside Left

7&8 Step to Left on Lf, step on Rf beside Left, step to Left on Lf.

SEC 2 : JAZZ BOX (TWICE)

1-4 Cross Rf in front of Lf, Step Lf back Step Rf to side, Cross Lf in front of Rf

5-8 Cross Rf in front of L, Step Lf back, Step Rf to side, Closed Lf beside Rf

Tags : 4w & 5w =4c Sway R-L-R-L

Restart On 4w & 5w & 8w After 16c

SEC 3 : WALK FWD X3, TOUCH, WALK BACK X3, TOUCH

1-4 Walk Fwd R, L, R, Touch Lf

5-8 Walk Back L, R, L, Touch Rf

Restart 6w, after 24c

SEC 4 : SIDE , CLOSE , SIDE , CLOSE

1-2 Step Rf press to side ,step Rf close beside Lf

3-4 Step Lf press to side,step Lf close beside Rf

5-6 Repeat 1-2

7-8 Repeat 3-4

Enjoy The Dance

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