La La Latinas



Compte: 96 Mur: 1 Niveau: Phrased Advanced

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Liadouze (FR) - April 2021

Musique: GIRL LIKE ME - Black Eyed Peas & Shakira



Sequence: ABB AAC Tag BBAC Tag BAC

Introduction: 8 counts

PART A (32 COUNTS):

[1-8] JUMP R L R, CHEST POP, JUMP L R L, CHEST POP

(from count &1 to &4: L hand to L hip and R hand to your head like a soldier)

Limp on RF side, Touch L toe behind RF, Jump on LF side, Touch R toe behind LF Jump on RF side, Touch L toe behind RF, Push chest out, Contract chest back

(from count &5 to &8: R hand to R hip and L hand to your head like a soldier)

Limp on LF side, Touch R toe behind LF, Jump on RF side, Touch L behind RF Jump on LF side, Touch R toe behind LF, Push chest out, Contract chest back

[9-16] BIG STEP, DRAG, CLOSE HEEL, JACKSON KICK, WIZARD STEP, 1/8 TURN WITH HIP LIFT x2

1-2 Big step RF diagonally back ↘, Drag LF in &3 Step LF together, Touch R heel forward

84 Flick RF side with hip in, Hook RF forward with hip out
5-6& Step RF forward, Lock LF behind RF, Step RF Forward
7-8 1/2 turn R on RF with L hip lift, 1/2 turn R on RF with L hip lift

[17-24] STEP SIDE, SAILOR STEP 1/4 TURN, CAMEL WALK L-R, SIDE TOUCH x2

1 Step LF side

2&3 Step RF behind LF, ¼ turn R stepping LF side, Step RF forward

(from counts 4 to 5: hands on hips)

Step LF forward as you touch R toe together and pop R knee (tilt head to L)

Step RF forward as you touch L toe together and pop L knee (tilt head to R)

6-7 Step LF side, Touch R toe together &8 Step RF side, Touch L toe together

[25-32] HEEL GRIND ½ TURN, STEP BACK, COASTER STEP, WALK, POINT, TRIPLE STEP

1-2 Step on L heel with ½ turn L, Step RF back
 3&4 Step LF back, Step RF together, Step LF forward

5-6 Step RF forward, Point L toe side

7&8 Step LF together, Step RF together, Step LF together

PART B (32 COUNTS):

[1-8] WHISK, 1/4 TURN WHISK, ROCK WITH HIP, CROSS SAMBA

1a2 Step RF side, Rock step LF back, Recover on RF forward

3a4 1/4 turn R Stepping LF side, Rock step RF back, Recover on LF forward

5-6 Rock step RF forward rolling R hip forward, Recover on LF back rolling L hip back

7a8 Cross RF over LF, Rock step LF side, Recover on RF side

[9-16] WEAVE, TOUCH, SIDE MAMBO X2

(from count 1 to 4 : shimmy the shoulders)

1-2 Cross LF over RF, Step RF side

3-4 Cross LF behind RF, Touch R toe together

Rock step RF side, Recover on LF side, Step RF togetherRock step LF side, Recover on RF side, Step LF together

[17-24] ROCK F	PRESS, COASTER STEP, POINT, FLICK ½ TURN, STEP LOCK STEP
1-2	Rock RF forward with a press as you start a body roll, Recover on LF back
3&4	Step RF back, Step LF together, Step RF forward
5-6	Point LF forward, ½ turn R Flicking LF back
7&8	Step LF forward, Lock RF behind LF, Step LF Forward
[25-32] MAMBC	X2, SIDE ROCK, ROCK PADDLE TURN 3/4 TURN L, TOUCH
1&2	Rock step RF forward, Recover on LF back, Step RF together
3&4	Rock step LF forward, Recover on RF back, Step LF together
5&6&	1/4 turn L rocking RF side, Recover on LF side, 1/4 turn L rocking RF side, Recover on LF side
7&8	1/4 turn L rocking RF side, Recover on LF side, Touch R toe together
PART C (32 CC	DUNTS):
•	JCH X2, V STEP
1-2	Step RF diagonally forward ↗, Touch LF together
•	at belly level on right diagonal, bring it down)
3-4	Step LF diagonally forward N, Touch RF together
	at belly level on left diagonal, bring it down)
5-6	Step RF diagonally forward >, step LF diagonally forward \
7-8	Step RF back, Step LF together
-	RUT WITH BUMP x2, ROCK STEP BACK, ¼ TURN CROSS, SIDE
1-2	Touch R toe back with R bump, Drop R heel
3-4	Touch L toe back with L bump, Drop L heel
5-6	Rock step RF back, Recover on LF forward
7-8	1/4 Turn R Crossing RF over LF, Step LF side
[17-24] JAZZBC	OX HIP BUMP, WALK X3, HIP BUMP
1-2	Cross RF over LF, Step LF back
3-4	Step RF side, Touch LF slightly forward as you bump L hip
5-6	Step LF forward, Step RF forward
7-8	Step LF forward, Touch RF together as you bump R hip
[25-32] ROLLIN	IG VINE TOUCH, ROLLING VINE 1/4 TURN TOUCH
1-2	¼ Turn R stepping RF forward, ⅓ Turn R stepping LF back
3-4	1/4 Turn R stepping RF side, Touch RF together
5-6	1/4 Turn L stepping LF forward, 1/2 Turn L stepping RF back
7-8	1/4 Turn L stepping LF side, 1/4 Turn L touching RF together
TAG (16 COUN	ITS):
[1-8] SIDE, TOO	GETHER, SIDE WITH POP/TWERK, SIDE, CROSS, ½ TURN HITCH
1-2	Step RF side, Step LF together
3&4	Step RF side, Pop chest or hips forward twice (bring arms to chest)
5-6	Step LF side, Cross RF over LF
7-8	1/4 Turn R Stepping LF back, 1/4 Turn R Hitching R knee
[9-16] SIDE, TC	OGETHER, SIDE WITH POP/TWERK, SIDE, CROSS, ½ TURN HITCH
1-2	Step RF side, Step LF together
3&4	Step RF side, Pop chest or hips forward twice (bring arms to chest)
5-6	Step LF side, Cross RF over LF
7-8	1/4 Turn R Stepping LF back, 1/4 Turn R Hitching R knee

Have FUN, good luck !!