

Raise Em UP (Remix)

COPPER **KNOB**
BY STEPHEN

Compte: 32

Mur: 4

Niveau: High Beginner

Chorégraphe: Val Saari (CAN) - April 2021

Musique: Raise Em Up (2021 Remix) (feat. Freeway & Ed Sheeran) - Alonestar



Intro: 16 counts. Begin on the word "up"

TOE STRUTS FWD WITH HIP BUMPS (RL), ROCK /RECOVER, COASTER STEP

- 1&2 Touch RF toes forward & bump hips RLR, (step heel down on count 2)
- 3&4 Touch LF toes forward while bumping hips LRL, (step LF heel down on count 4)
- 5-6 Rock RF forward, Recover LF
- 7&8 Rock RF back, Step LF together, Step RF forward

TOE STRUTS FWD WITH HIP BUMPS (LR), ROCK/RECOVER SAILOR STEP 1/4 L

- 1&2 Touch LF toes forward & bump hips LRL, (step heel down on count 2)
- 3&4 Touch RF toes forward while bumping hips RLR, (step heel down on count 4)
- 5-6 Rock LF forward, Recover RF
- 7&8 Sailor Step LRL turn 1/4 L

SWAY, SYNCOPATED WEAVE X 2 (RL)

- 1-2 Step RF to R side and sway hips R,L
- 3&4 Step RF behind L, Step LF left, Step RF across L
- 5-6 Step LF to L side and sway hips L,R
- 7&8 Step LF behind R, Step RF right, Step LF across R

STEP-TURN 1/4 LEFT TWICE, HIP BUMPS RLR, LRL

- 1-2 Step RF forward, Turn 1/4 turn left (weight on left)
- 3-4 Step RF forward, Turn 1/4 turn left (weight on left)
- 5&6 Step RF right and bump hips RLR
- 7&8 Bump hips LRL

Style Ideas: Add in some arm movements, Have fun!!!

REPEAT

No tags, no restarts

Email: valeriesaari@icloud.com

Phone: 1-905-246-5027
