

# No Pares

**Compte:** 32

**Mur:** 4

**Niveau:** Improver

**Chorégraphe:** Muki Matchir Royal (INA), Nuri Rindjani (INA), Nilawati (INA) & Theo Seto Sundoro (INA) - April 2021

**Musique:** No Pares (feat. Sky Monroe) - J. Perry



**Start dancing after 16 counts**

## **S1. WALK - CROSS - TURN 1/4 RIGHT - BACK - SIDE - CROSS SHUFFLE - SIDE - RECOVER**

1 - 2            Step R Forward , Step L Forward  
3&4            Cross R over L , Turn 1/4 Right Step L Back , Step R to Side  
5&6            Cross L over R , Step R to Side , Cross L over R  
7 - 8            Step R to Side , Recover on L

## **S2. BOTAFOGO (R-L) - FORWARD MAMBO - BACK LOCK SHUFFLE**

1&2            Cross R over L, Step L to L side, Step R in place  
3&4            Cross L over R, Step R to R side, Step L in place  
5&6            Rock R forward, Recover on L, Step R back  
7&8            Step L back, R cross over L, Step L back

## **S3. BACK - TOE STRUT - FORWARD - TURN 1/2 LEFT - FORWARD - CROSS SHUFFLE - CROSS SHUFFLE**

&1-2            Step R Back , Touch L Forward , Drop L Heel  
3 - 4            Step R Forward - Turn 1/2 Left - Step L Forward  
5&6            Cross R over L , Step L to Side , Cross R over L  
7&8            Cross L over R , Step R to Side , Cross L over R

## **S4. WALK R, L- TOUCH SIDE - TOUCH BESIDE - ANCHOR STEP - COASTER STEP**

1 - 2            Walk forward R, L  
3 - 4            touch R side, touch R beside L  
5&6            Rock R behind L, Recover on L, Rock R in place  
7&8            Step L back, close R beside L, step L forward

**Restart on wall 3&6 after 16 counts.**

**Contact email**

[nuri.rindjani@gmail.com](mailto:nuri.rindjani@gmail.com)

[nilaratnawati@gmail.com](mailto:nilaratnawati@gmail.com)

[muki\\_dans@yahoo.co.id](mailto:muki_dans@yahoo.co.id)