

# At My Worst

**COPPER** KNOB  
BY STEPHANETS

Compte: 32

Mur: 4

Niveau: Beginner

Chorégraphe: Fransiska Tjhin (INA) - March 2021

Musique: At My Worst - Pink Sweat\$



Intro 16 counts - No tag No Restart

## S1. ROCK CROSS, CHASSE

- 1,2 Cross RF over LF, Recover on LF  
3&4 Step RF to R, close LF next to R, step RF to R  
5,6 Cross LF over RF, Recover on RF:  
7&8 Step LF to L, Close RF next to L, step LF to L

## S2. PIVOT TURN ¼ L, CROSS SHUFFLE

- 1,2 Step RF fwd, turn ¼ to L weight on L 9.00  
3&4 Cross RF over LF, step LF to L, Cross RF over LF  
5,6 Rock LF to L replace weight back to R  
7&8 Cross LF over RF, step RF to R Cross LF over RF

## S3. SIDE ROCK, COASTER STEP, PIVOT TURN ½, SHUFFLE

- 1,2 Rock RF to R, recover on LF  
3&4 Step RF back, step LF beside RF, Step RF fwd  
5,6 Step LF fwd, turn ½ to R, weight fwd on RF  
7&8 Step LF fwd, close RF next to LF, step LF fwd

## S4. PADDLE TURN ¼ WITH HIP ROLL

- 1,2 Step RF fwd, turn ¼ to L bring weight on L with hip roll  
3,4 Step RF fwd, turn ¼ to L bring weight on L with hip roll  
5,6 Step RF fwd, turn ¼ to L, bring weight on L with hip roll  
7,8 Step RF fwd turn ¼ to L, bring weight on L with hip roll

Ending on wall 8 after 12 count pivot turn ½ to L

Thank you. Enjoy the dance.

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