

Lost With Me

Compte: 64

Mur: 4

Niveau: Intermediate

Chorégraphe: Katrin Gäbler (DE) & Astrid Scholz (DE) - March 2021

Musique: Lost - Blake Rose



Intro: 16 Counts

[1-8] Rock Fwd, Recover, & Step Fwd, Knee Pop, & Step Fwd R+L, Mambo Right Fwd

- 1-2 Step (Rock) right forward, recover weight back onto left
- &3 Close right next to left, step left fwd
- &4 Pop both knees forward (raise both heels), put both heels down
- &5-6 Close left next to right, step right fwd, step left fwd
- 7&8 Step right fwd, recover weight back onto left, step right back

[9-16] Back Left, Drag, & Cross Shuffle, Side Rock, Recover, Sailor ¼ Turn Right

- 1-2 Take a big step back with left, drag right next to left (no weight on right)
- &3 Step right down, cross left over right
- &4 Step right to right, cross left over right
- 5-6 Step (Rock) right to right, recover weight back onto left
- 7&8 Cross right ¼ right behind left, step left to left, step right slightly fwd (3.00)

[17-24] Rock Fwd, Recover, & Toe Touches, & Cross Right, Unwind ½ Left, Shuffle Left Fwd

- 1-2 Step (Rock) left fwd, recover weight back onto right
- &3 Close left next to right, touch right fwd
- &4 Close right next to left, touch left fwd
- &5 Close left next to right, step right across left
- 6 Unwind ½ left (weight ends on right) (9.00)
- 7&8 Step left fwd, close right next to left, step left fwd

[25-32] Side Rock, Recover, Behind-Side-Cross, Side Rock, Recover, Behind, ¼ Right Fwd, Step Fwd

- 1-2 Step (Rock) right to right, recover weight back onto left
- 3&4 cross right behind left, step left to left, step right across left
- 5-6 Step (Rock) left to left, recover weight back onto right
- 7&8 Cross left behind right, step right ¼ right fwd, step left fwd (12.00)

Restart here in wall 2 (9.00) & 5 (3.00)

[33-40] Step, ½ Left, Lockstep ½ Left Back, ¼ Left Side, Drag, Cross Shuffle

- 1-2 Step right fwd, ½ turn left
- 3&4 ¼ left stepping right back, step left across right, ¼ left stepping right back
- 5-6 ¼ left stepping left aside, drag right next to left (weight on the left) (9.00)
- &7 Close right next to left, step left across right
- &8 Step right to right, step left across right

[41-48] Side Rock (Sway) ,Behind, Side, Step, ½ Right, Step, ¾ Spiral Right

- 1-2 Step (sway) right to right, recover weight back onto left
- 3&4 Cross right behind left, step left to left, step right fwd
- 5-6 Step left fwd, ½ right on both feet
- 7-8 Step left fwd, ¾ spiral turn left

[49-56] Side, Hold & Step R + L Fwd, Anchor Step Right, Coaster Step

- 1-2 Step right to right, hold
- &3-4 Close left next to right, step fwd with right+ left

5&6 Cross right slightly behind left, recover weight onto left, recover weight onto right
7&8 Step left back, close right next to left, step left fwd

[57-64] Step, ½ Turn left with Sweep, Behind, Side, Cross, Monterey ¼ Right, Hitch

1-2 Step right fwd, ½ turn left sweeping left behind right
3&4 Cross left behind right, step right to right, cross left over right
5-6 Point right to right, ¼ turn right, close right next to left
7-8 Point left to left, close left next to right and hitch right at the same time (9.00)

Last Update - 8 April 2021
