

# Let Loose

**Compte:** 32

**Mur:** 2

**Niveau:** Improver

**Chorégraphe:** Mona Akersveen Schützer (NOR) & Stefan Schützer (NOR) - March 2021

**Musique:** Let Loose - Blåsemafian & Hazel



## **Sec. 1: (1-8) Walk, walk, touch R & L, step fwd, heel bounce**

- 1-2 Walk RF fwd, walk LF fwd,  
3&4& touch RF to R side, step RF beside L, touch LF to L side, step L beside R.  
5-6 Long step fwd on RF, step L beside R. (Weight on both feet)  
7&8& Lift heels, drop down, Lift heels, drop down (end weight on LF)

## **Sec. 2: Chasse to R ¼-turn L (9 o'clock), chasse to L, rocking chair**

- 1&2& Step R to the side, step L beside R, step R to the side, ¼-turn L  
3&4 Step L to the side, step R beside L, step L to the side  
5-8 Rock R fwd, recover on L, Rock R bwd, recover on L

## **Sec. 3: Monterey ½ -turn R (3 o'clock), R sailer step, L sailer step**

- 1-2 Point R to R side, ½ turn R with weight on LF, step down on RF  
3-4 Point L to L side, step down in L  
5&6 Step R behind L, step L to L side, step RF beside L  
7&8 Step LF behind L, step RF to R side, step LF beside R

## **Sec. 4: Rock fwd, recover, ½-turn R (9 o'clock), step fwd R&L, heel bounce x2 while ¼-turn L(6 o'clock)**

- 1-4 Rock RF fwd, recover on LF, ½-turn R, step RF fwd, Step LF fwd  
5-6 Step RF fwd, hold,  
7&8& Lift both heels, drop down while 1/8-turn L, Lift both heels, drop down (1/8-turn L)  
(Weight ends on LF)

**Tag: 4 counts, after wall 4 (facing 12 o'clock)**

**Step RF fwd, slow ½-turn L (2-3), shift weight to LF (4) start from the top (facing 6 o'clock)**

**Contact info: Mona Akersveen Schützer [mona@svensken.com](mailto:mona@svensken.com) Stefan Schützer [stefan@svensken.com](mailto:stefan@svensken.com)**