

Happy Heart

Compte: 32

Mur: 4

Niveau: Absolute Beginner



Chorégraphe: Betty Dance (HK) - March 2021

Musique: Happy Heart - Andy Williams

Intro : 8 counts - Start on vocal

Section 1 - (POINT, POINT, POINT, STEP) x2

1-2-3-4 Point L to L side, point L beside R, point L to L side, step L beside R

5-6-7-8 Point R to R side, point R beside L, point R to R side, step R beside L

Section 2 - Step in place 8 counts

1-2-3-4 Step L, R, L, R

5-6-7-8 Step L, R, L, R

Section 3 - STEP FORWARD DIAGONALLY, POINT, STEP BACK DIAGONALLY, POINT, STEP BACK DIAGONALLY, POINT, STEP FORWARD DIAGONALLY, POINT

1-2-3-4 Step forward L diagonally to L side, point R beside L, step back R diagonally to R side, point L next to R

5-6-7-8 Step back L diagonally to L side, point R beside L, step R forward diagonally to R side, point L next to R

Section 4 - SIDE SHUFFLE, BACK, RECOVER, ¼ L TURN SIDE SHUFFLE, BACK, RECOVER

1-2-3-4 Step side L, step ball of R next to L, step side L, step back R, step L in place

5-6-7-8 Step side R with ¼ L turn (9:00) , step ball of L next to R, step side R, step back L, step R in place

REPEAT AT 9:00

TAG 1 : hold 4 counts at 6:00 at end of 2nd wall

TAG 2 : step L & R in place 8 counts at end of 4th wall

TAG 3 : hold 4 counts at 6:00 at end of 6th wall

Hand and foot movements are include to improve body coordination. Please watch my dance demo cum tutorial video for hand styling and practice!

Let's be happy & dance in the sun!

Enjoy Dancing with Betty!